

# Sources, Fate and Effects of PFAS

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September 09, 2020



Biogeochemistry of  
Global Contaminants  
HARVARD

*1) Effects 2) Sources 3) Fate of PFAS*



Harvard John A. Paulson  
School of Engineering  
and Applied Sciences

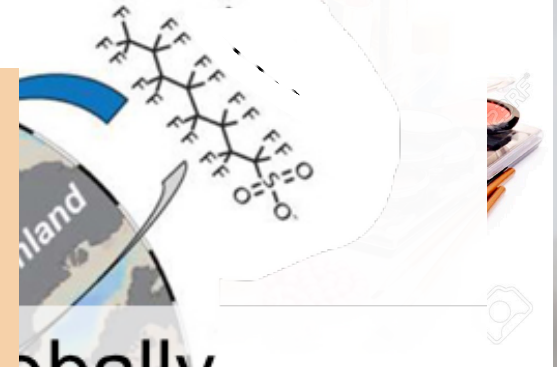
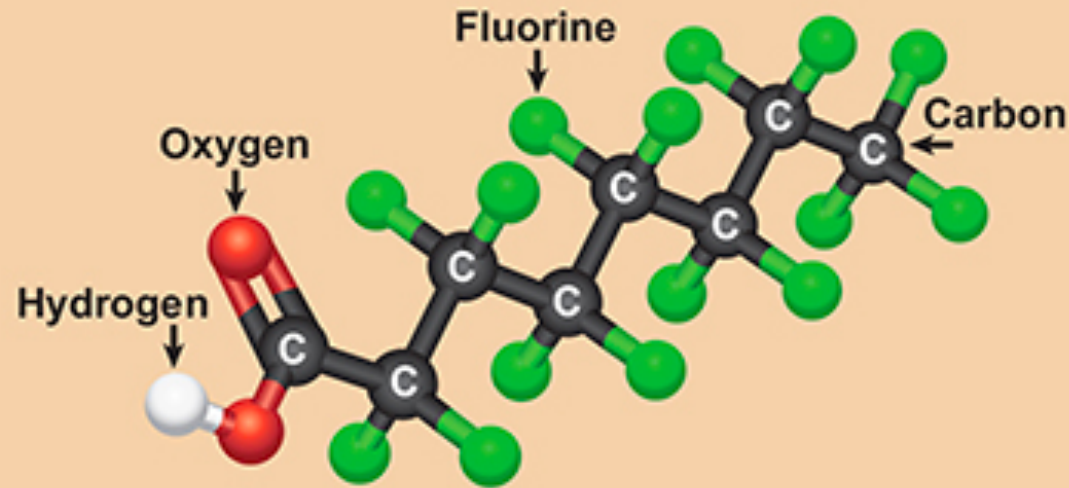
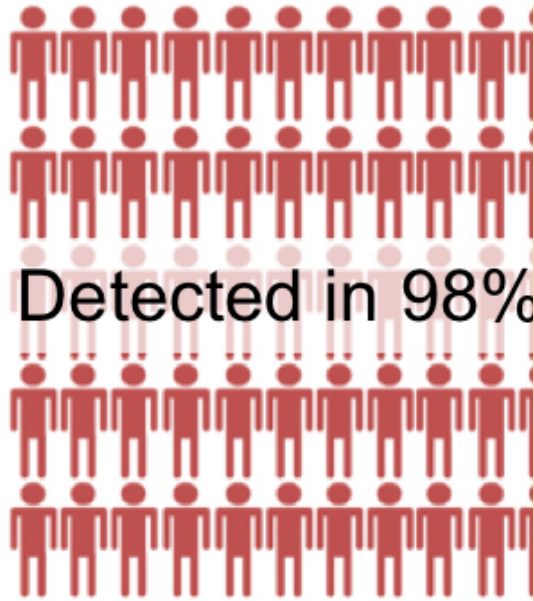
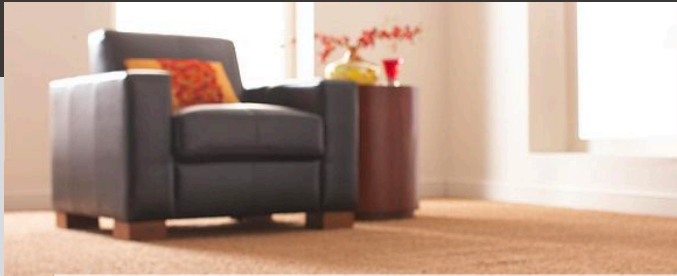


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Department of Environmental Health



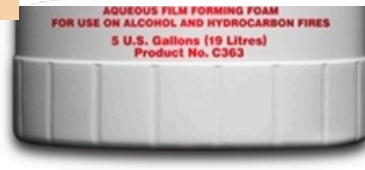


# Poly- and Perfluoroalkyl Substances (PFAS)



globally

(Yeung et al., 2017)





# Toxic PFAS Found In 21 Places In Massachusetts

Nearly 200,000 Massachusetts residents have been exposed to toxic PFAS found in drinking water, environmental advocates said.

## PFAS Contamination of Drinking Water Far More Prevalent Than Previously Reported

New Detections of ‘Forever Chemicals’ in New York, D.C., Other Major Cities

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## Air Contamination From ‘Forever’ Chemicals Sparks Concern

Groups sue to stop incineration of compounds linked to cancers

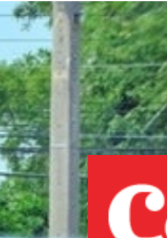
By [Kris Maher](#) / Photographs by Kristian Thacker for The Wall Street Journal  
March 21, 2020 8:00 am ET

PRINT TEXT

20

EAST LIVERPOOL, Ohio—From her backyard, Sandy Estell can see an incinerator—a white complex of buildings along the Ohio River—owned by a company with a Defense Department contract to burn more than 800,000 gallons of firefighting foam and related waste.

Reply



# Debate Over Science And Risks Shapes 3M's Lawsuit Against N.H.'s PFAS Water Standards

Latest Issues

SCIENTIFIC AMERICAN 175

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## ‘Forever Chemicals’ Are Building Up in the Arctic—and Likely Worldwide

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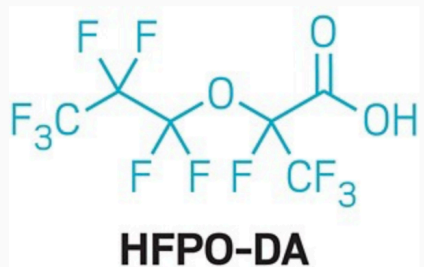
## Chemours must keep PFAS from North Carolina river

State requires company to clean up groundwater and runoff

by [Cheryl Hogue](#)  
AUGUST 17, 2020

Chemours must prevent highly persistent fluorinated compounds from seeping from or washing off its factory site near Fayetteville, North Carolina, the state has ordered.

The North Carolina Department of Environmental Quality (DEQ) this month **added conditions** to a 2019 consent order requiring Chemours to halt releases of **per- and polyfluoroalkyl substances** (PFAS) from manufacturing operations, such as from stack emissions or wastewater discharge. The new requirements address residual PFAS pollution at the property, including **hexafluoropropylene oxide dimer acid** (HFPO-DA), a



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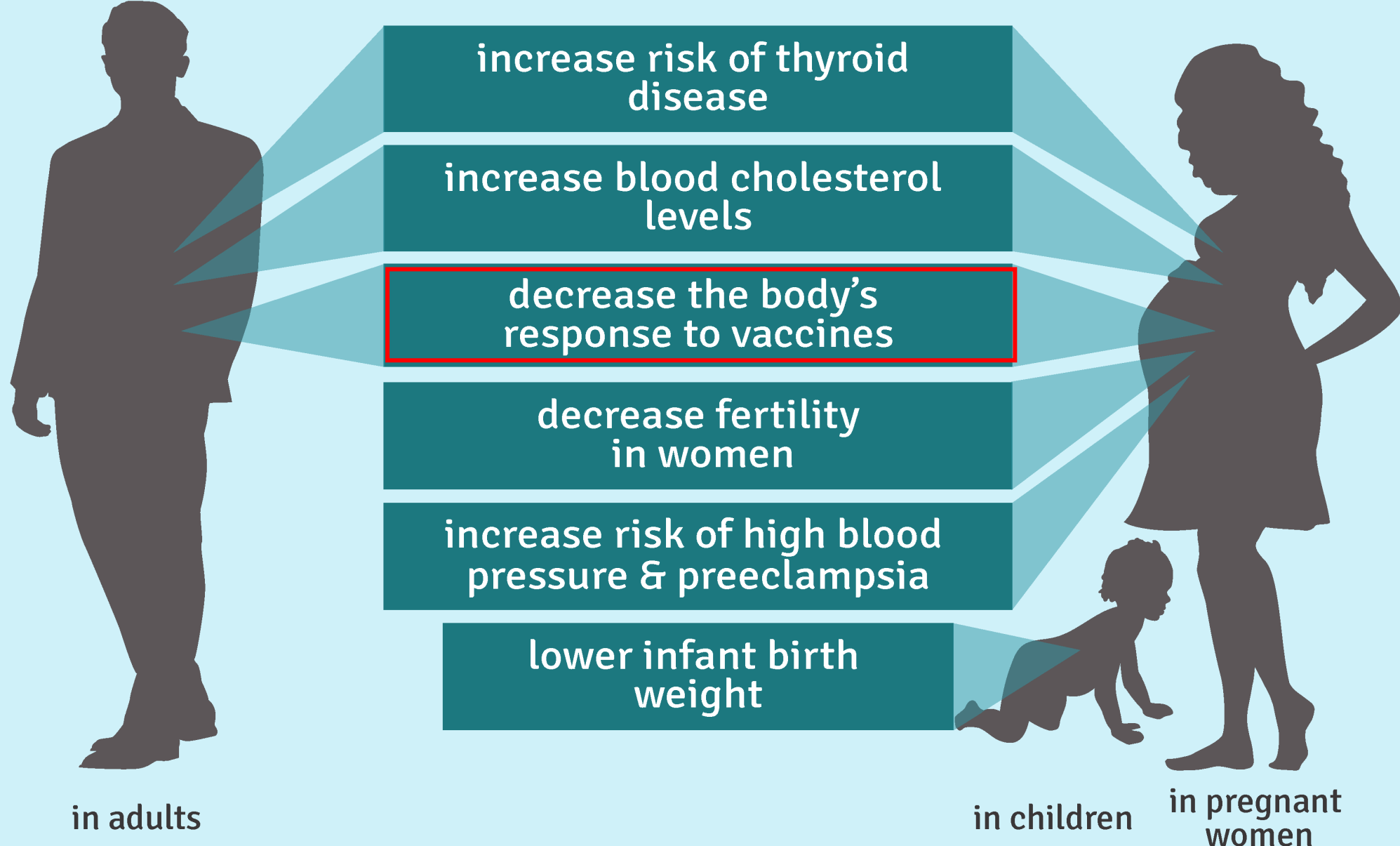


# 1) Effects: PFAS exposure has been linked to diverse adverse health effects on humans

*No consistent mode of action across compounds studied – raising questions about how to regulate (compound specific or as a class?)*

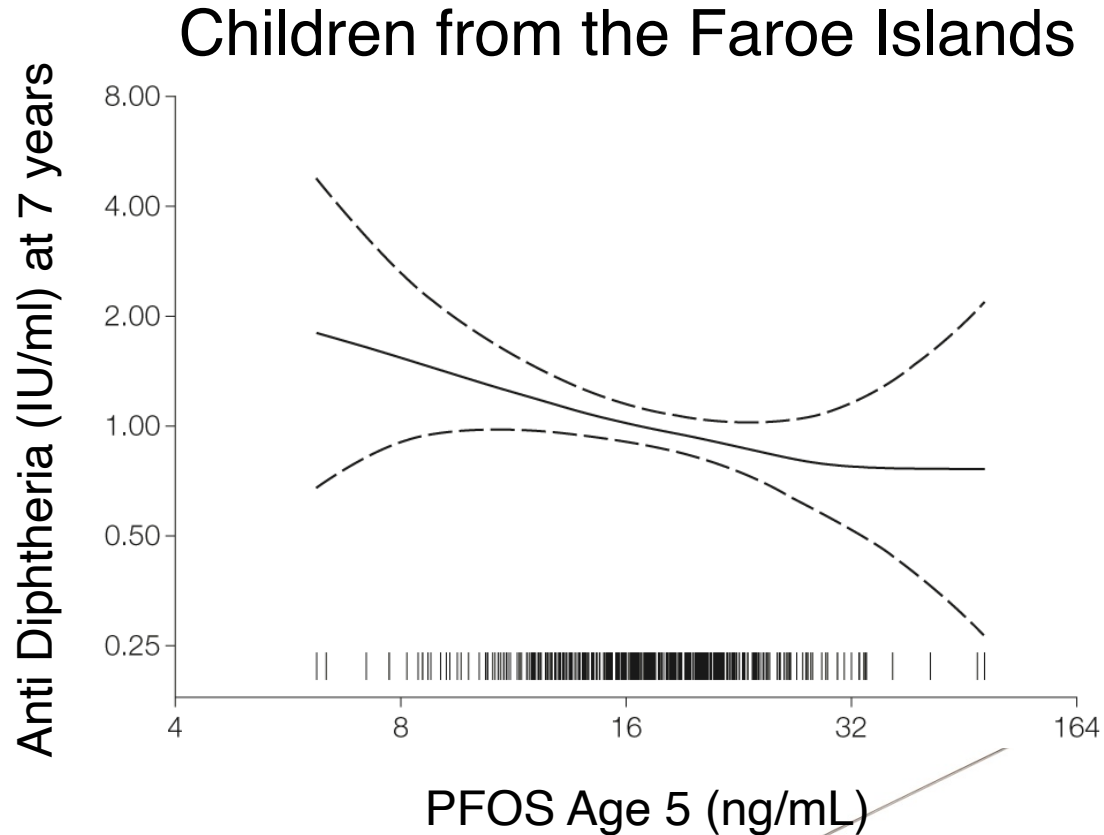


## Human studies suggest PFAS exposure may...





# PFAS suppresses immune response following vaccination in Faroese birth cohort



50% Reduction  
in antibody  
concentrations for each  
doubling of PFAS



*Grandjean et al., 2012*

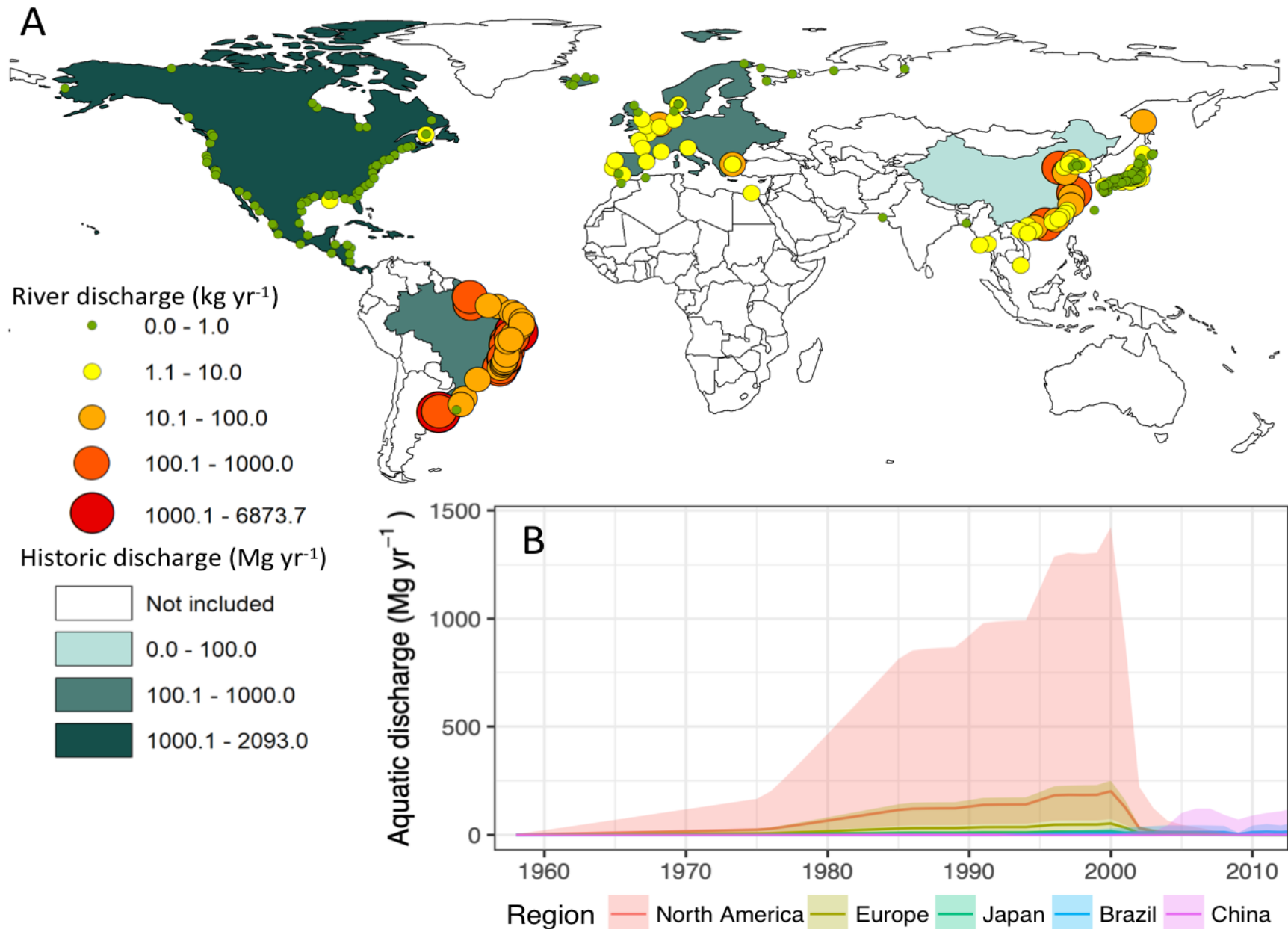




2) Sources: Chemical production is changing rapidly and we are not able to detect most PFAS in use today using traditional techniques

*Focus of research on aqueous discharges next to contaminated sites; understanding of atmospheric sources and fate huge gap right now!*

Large declines in global PFOS discharges from rivers to the oceans since the year 2000

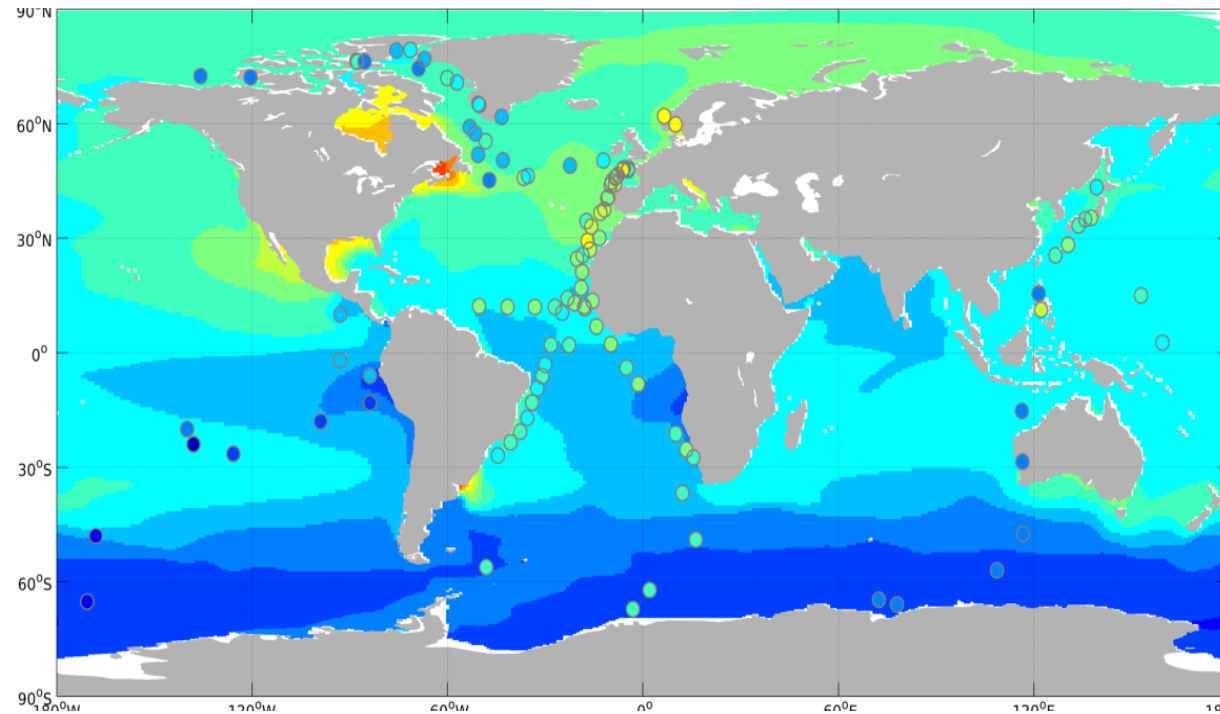


Wagner et al., in prep

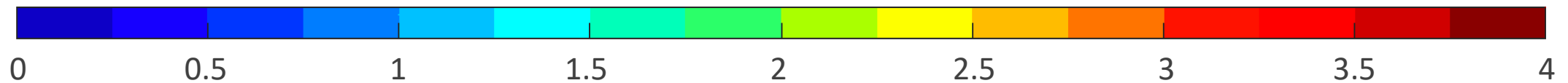
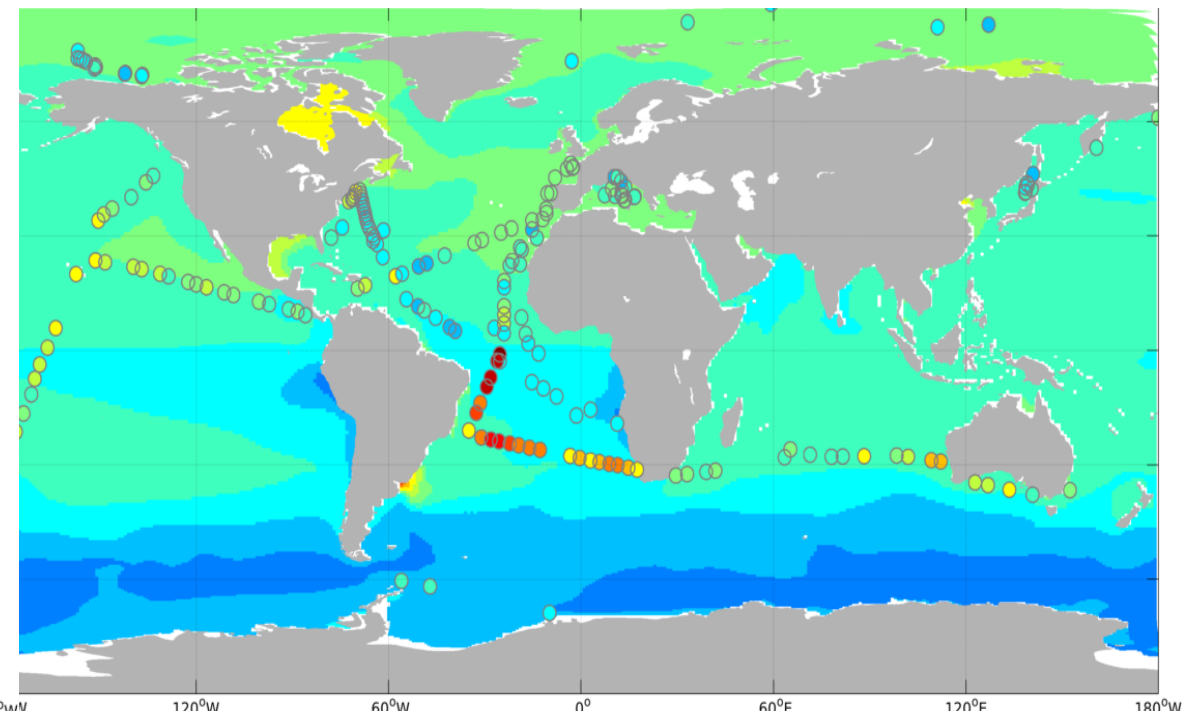


# Global modeling underestimates Southern Ocean concentrations – likely due to missing atmospheric sources

2002-2008



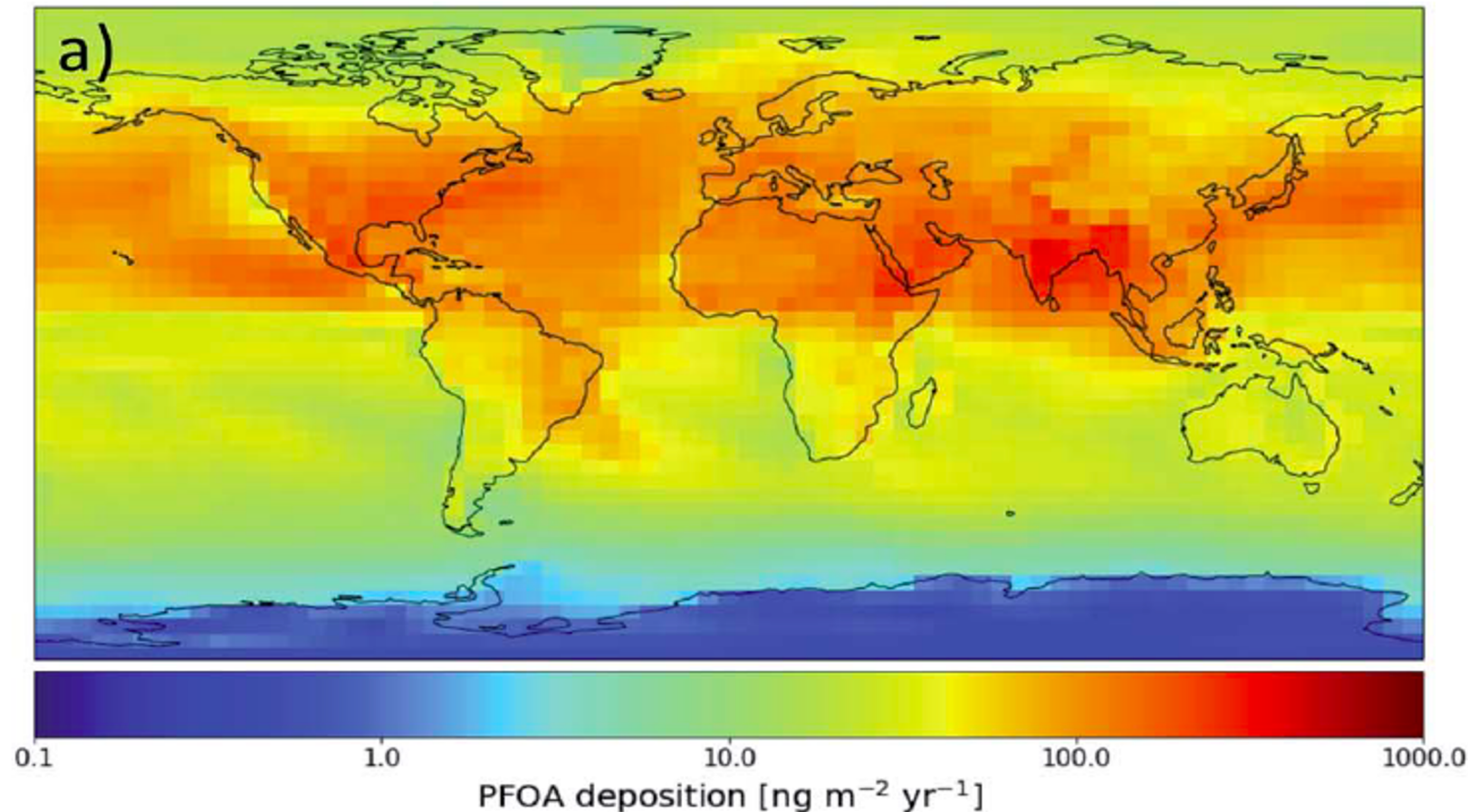
2009-2015



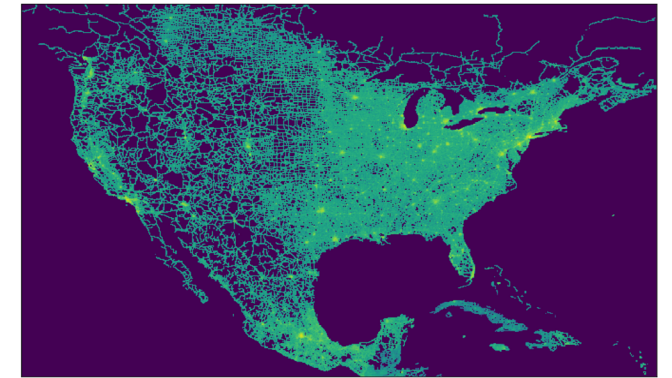
$\log_{10} \text{pg L}^{-1}$

# We are developing an improved atmospheric simulation for PFAS in GEOS-Chem: Need more measurements!

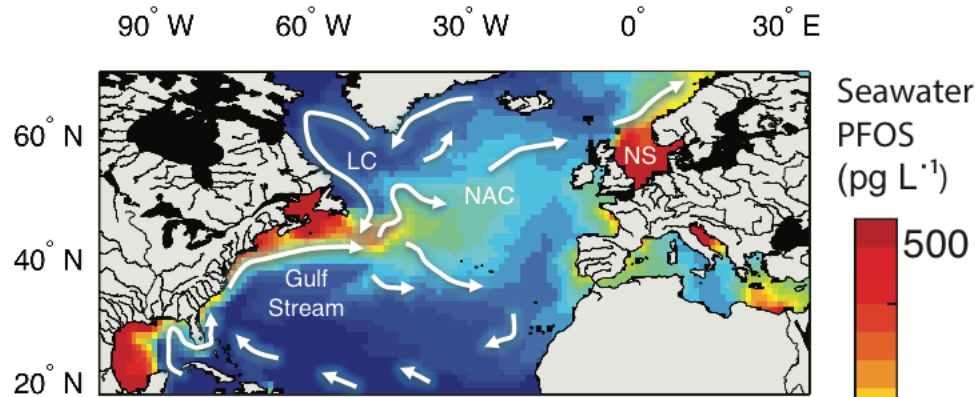
GEOS-Chem 2015 annual average PFOA deposition using a high emissions scenario. (Thackray et al, 2020)



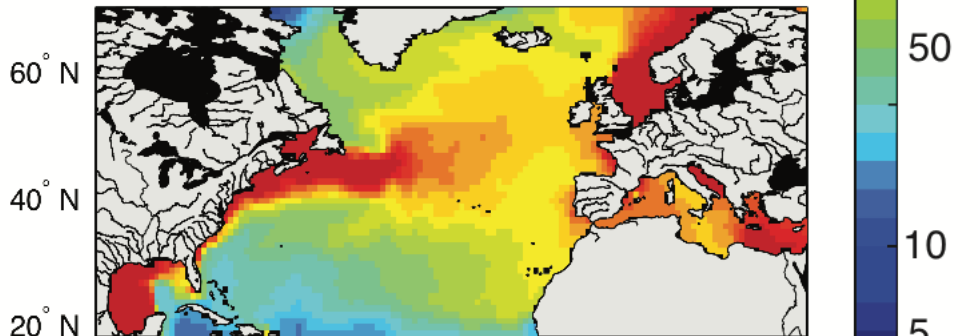
- Global emissions of precursor compounds based on Wang et al. (2014) production/composition estimates
- Spatial distribution of emissions was previously assumed to follow the same pattern as NO<sub>x</sub> (originally used a 4x5 degree grid)



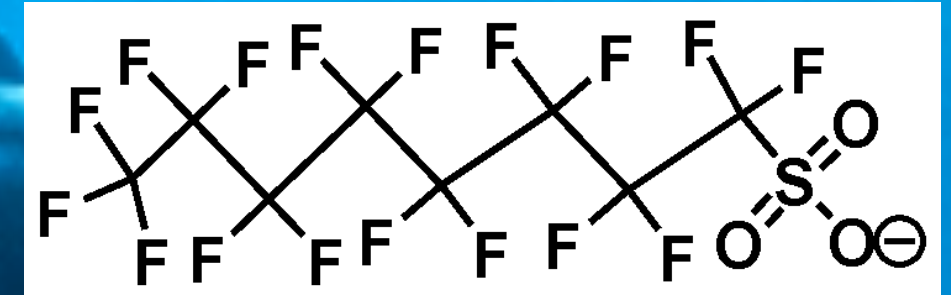
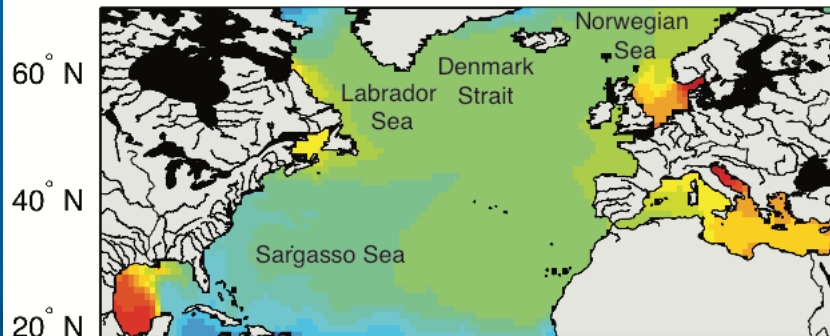
(A) 1980



(B) 2000



(C) 2020

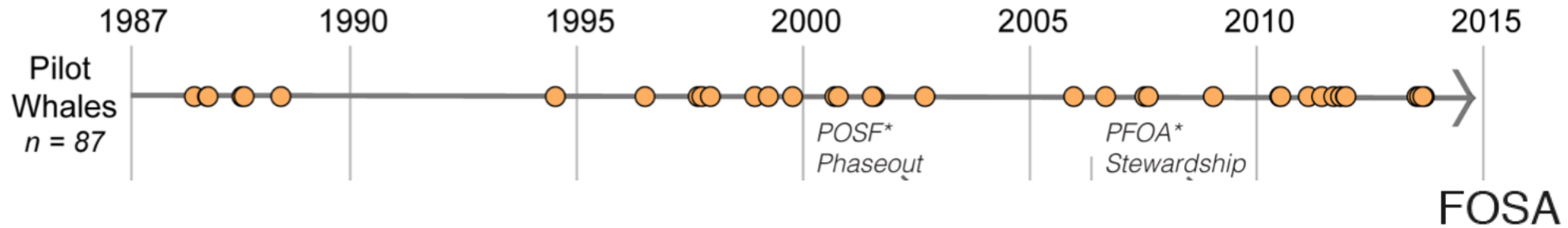


Large and rapid declines in  
modeled North Atlantic  
seawater PFOS (10 m)

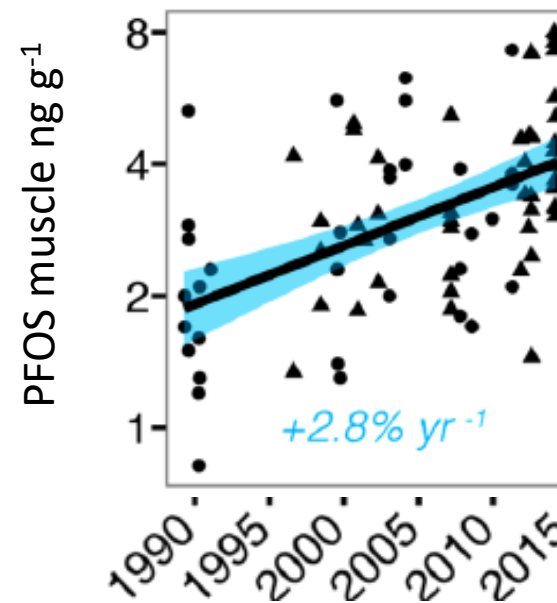
X. Zhang et al., 2017, Global Biogeochemical Cycles



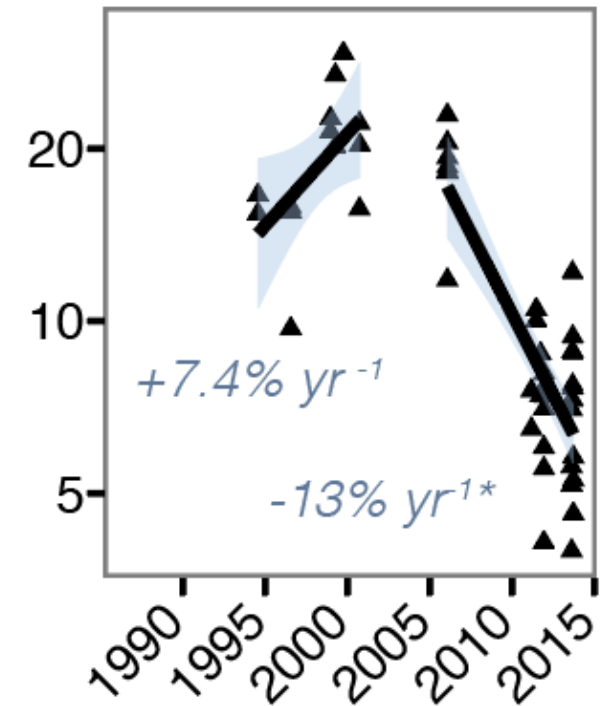
# Measured targeted PFAS concentrations in North Atlantic pilot whales shows a rapid decline in FOSA, a PFOS precursor since 2000



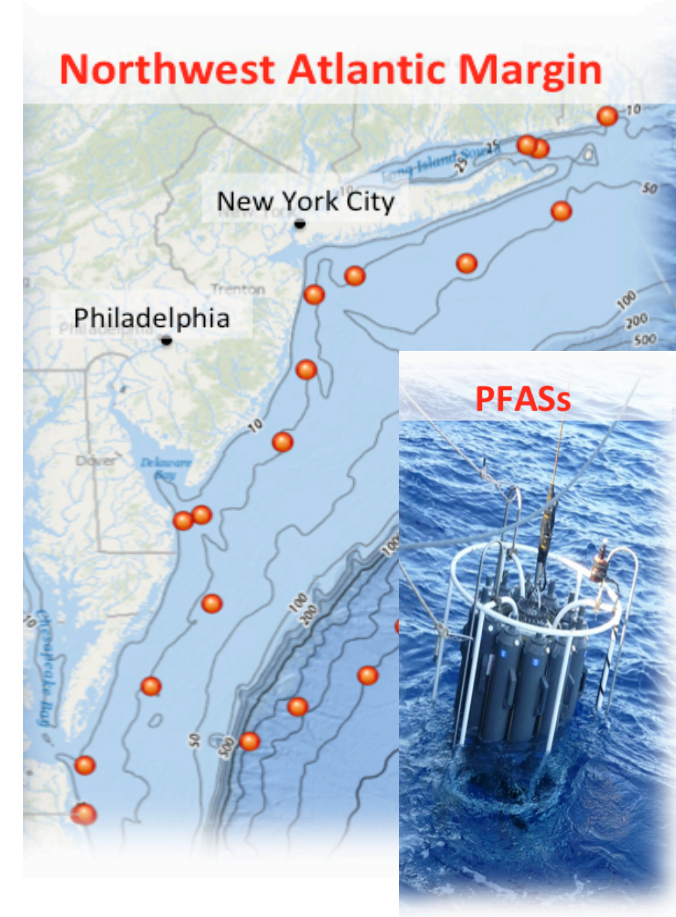
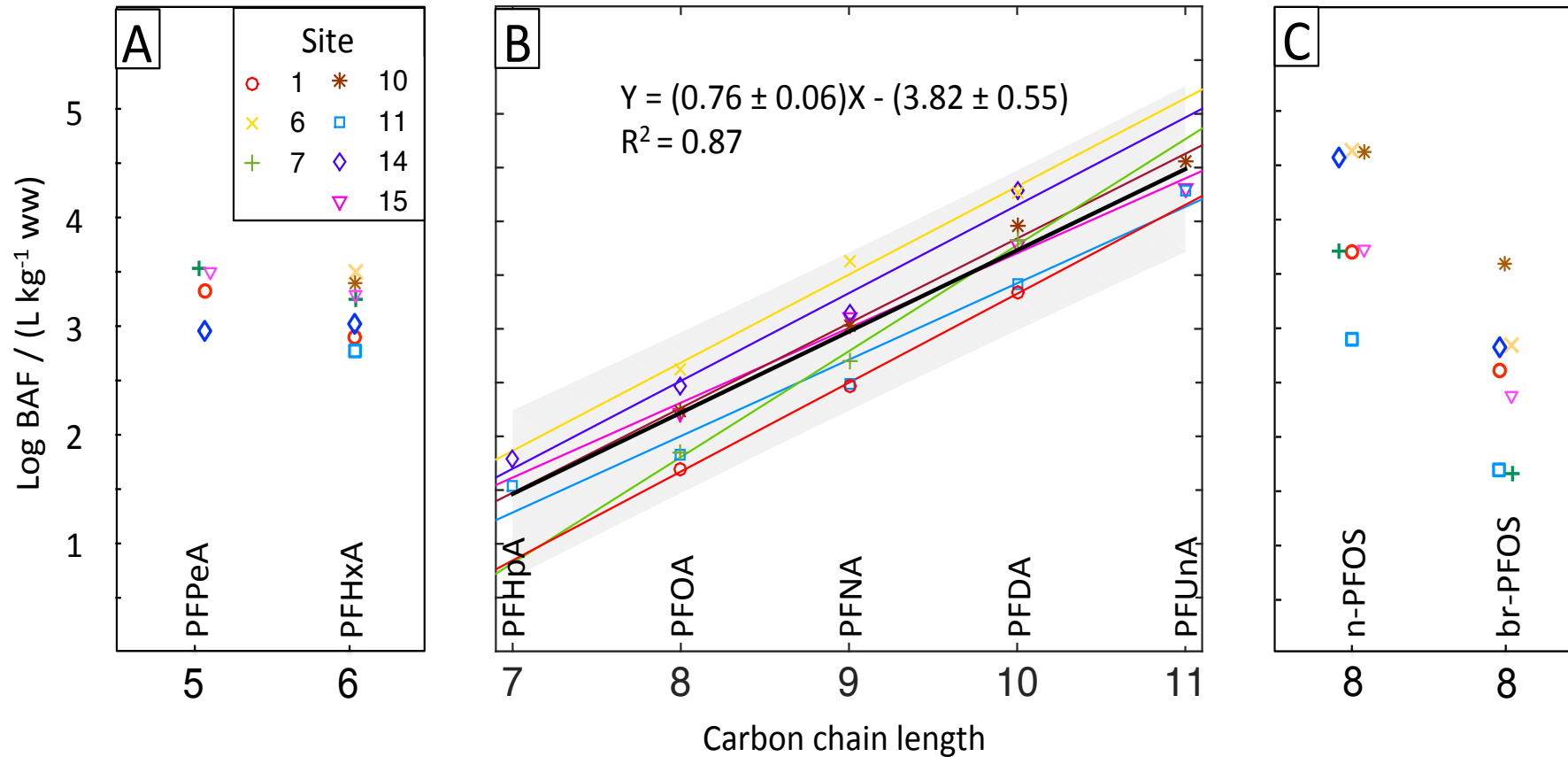
Dassuncao et al., 2017, ES&T



Juvenile males 9-12 years



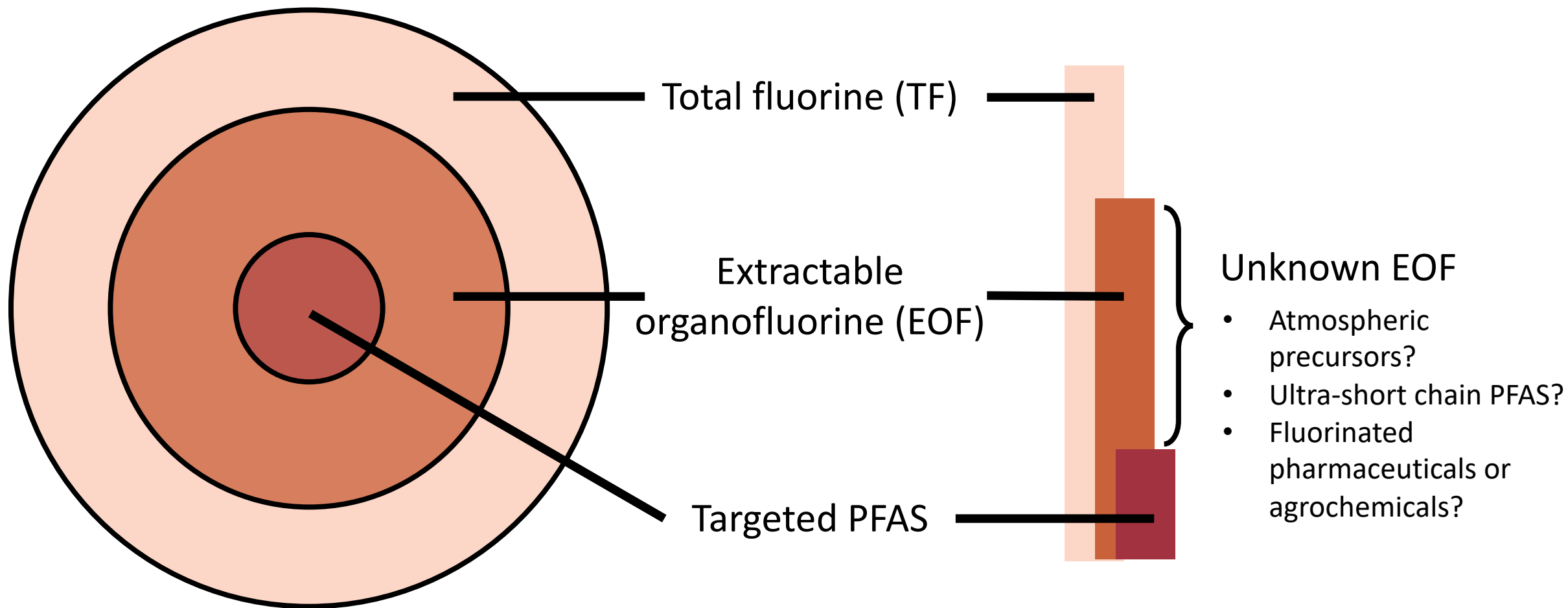
# PFAS measurements in plankton suggest some precursors and linear isomers may bioaccumulate more than the terminal PFAA



# Gap in analytical methods for PFAS detection:

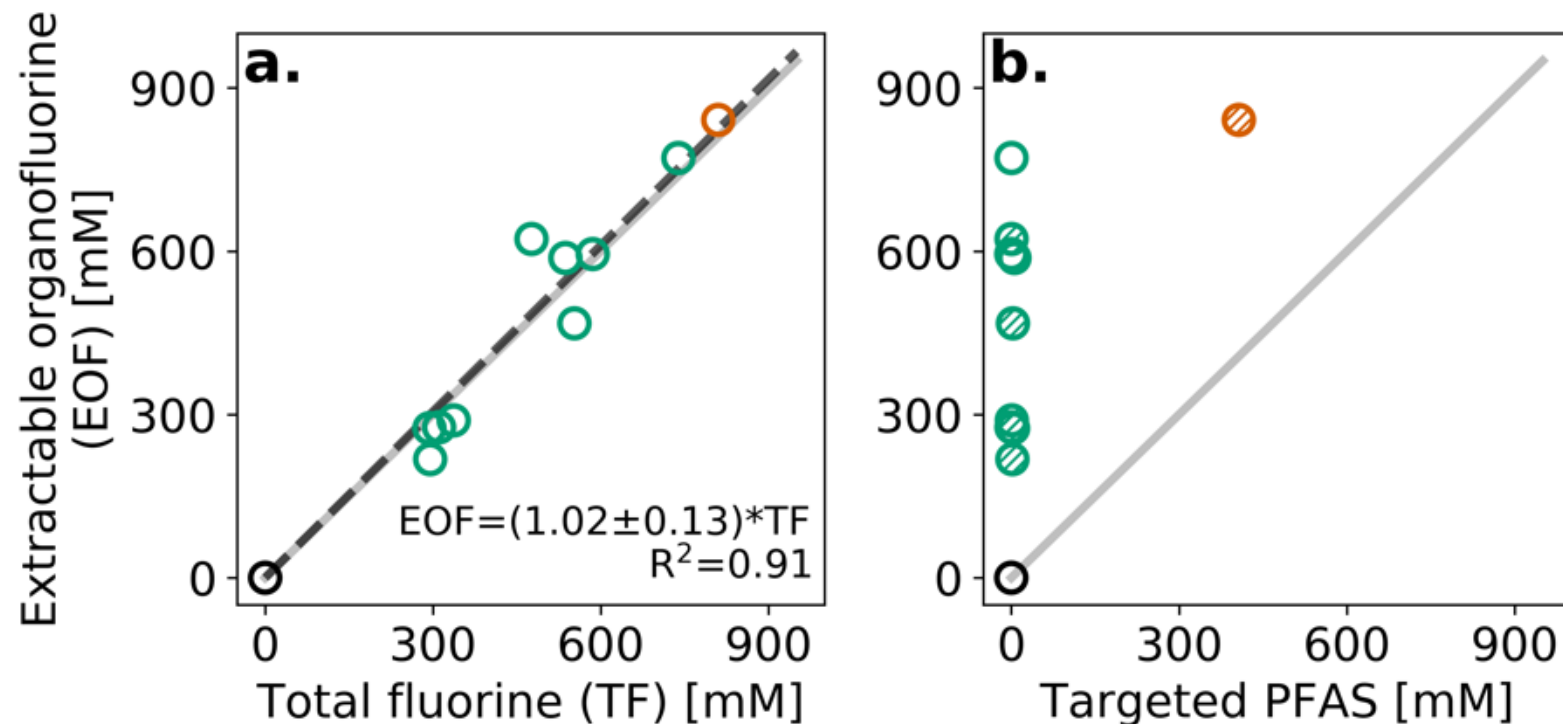
Most PFAS in AFFF and other media are not detected by targeted analysis

Targeted analysis is limited to a few dozen PFAS with analytical standards





# Targeted analysis underestimates PFAS by 50% in ECF AFFF (legacy) and >99% in FT AFFF (contemporary)



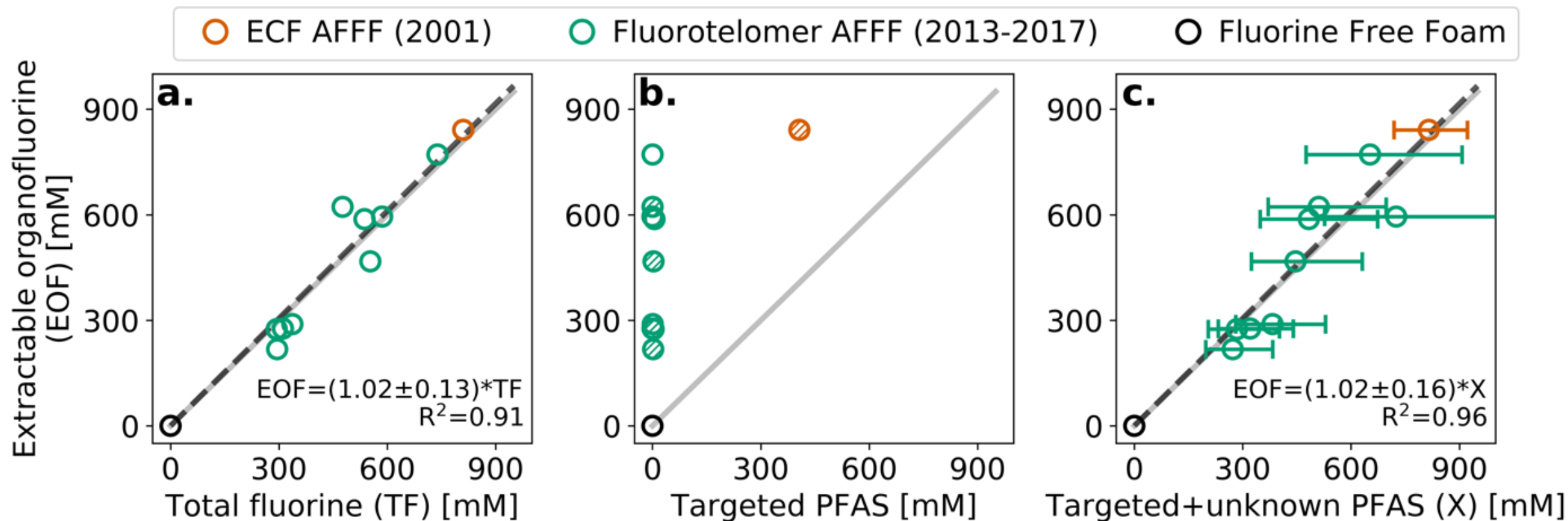
○ ECF AFFF (2001)

○ Fluorotelomer AFFF (2013-2017)

○ Fluorine Free Foam

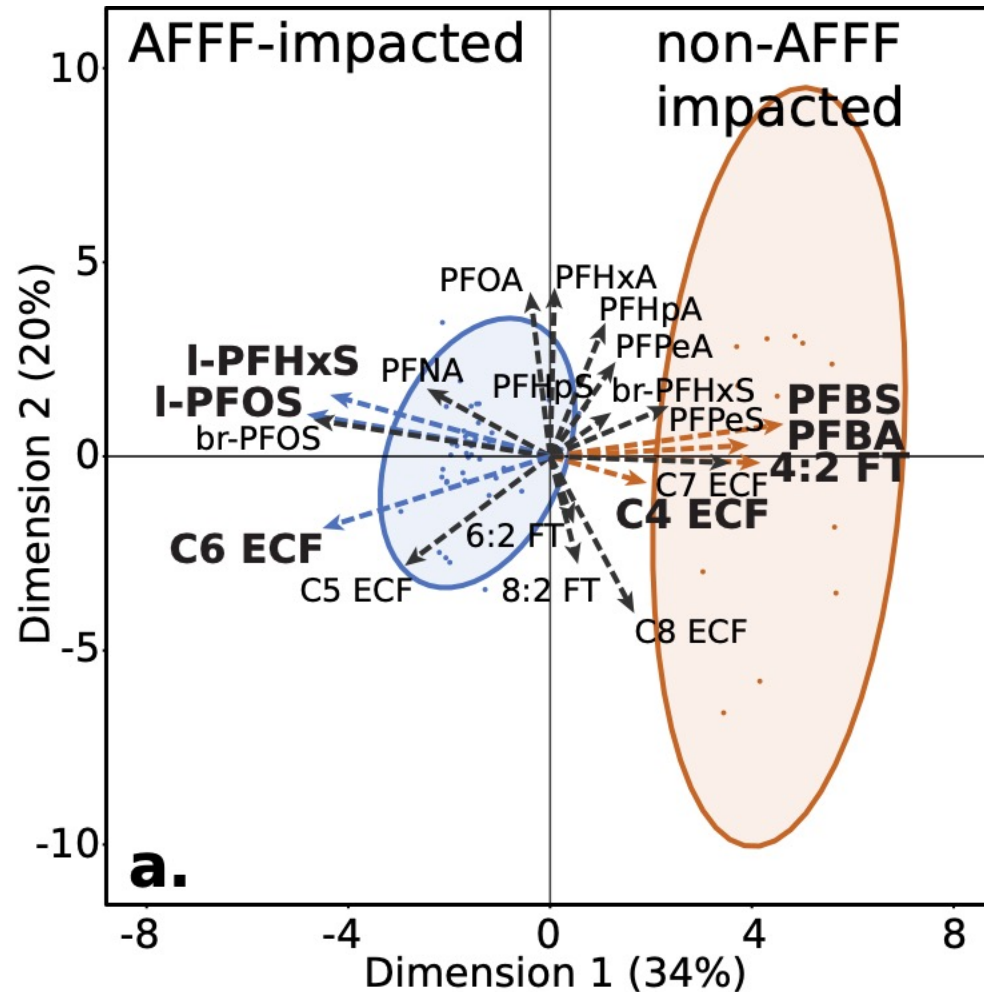


We developed a method for *quantifying* unknown compounds using the total oxidizable precursor (TOP) assay and Bayesian inference that closes PFAS mass budget



# PFAS signature from AFFF in Cape Cod coastal watersheds is distinct from other background sources

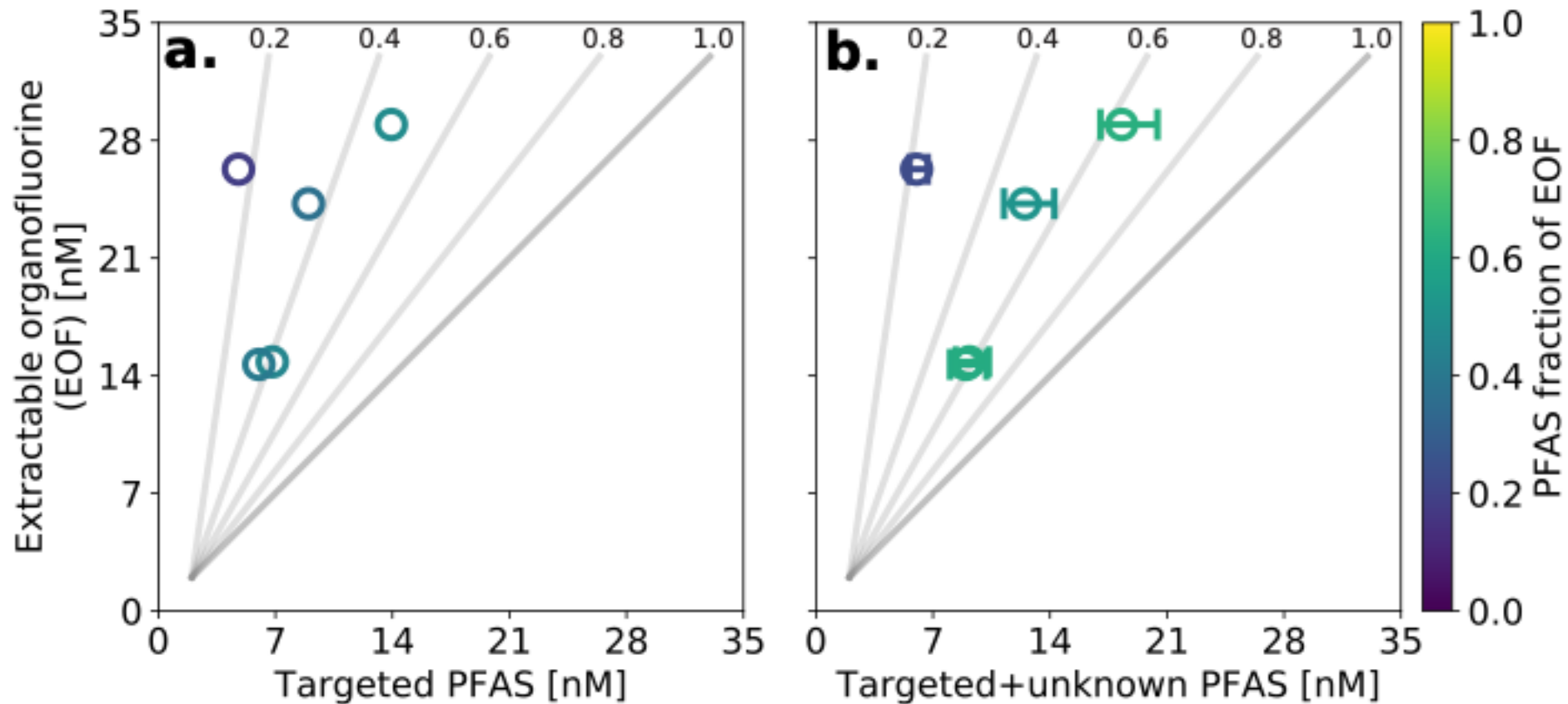
AFFF signature  
is enriched in  
C6 PFAS



Ruyle BJ, Pickard HM, LeBlanc DR, Tokranov AK, Thackray CP, Hu XC, Vecitis CD, Thackray, CP, Sunderland EM.  
PFAS Precursor Transformations and Unexplained EOF in AFFF-Impacted Coastal Watersheds. In revision.

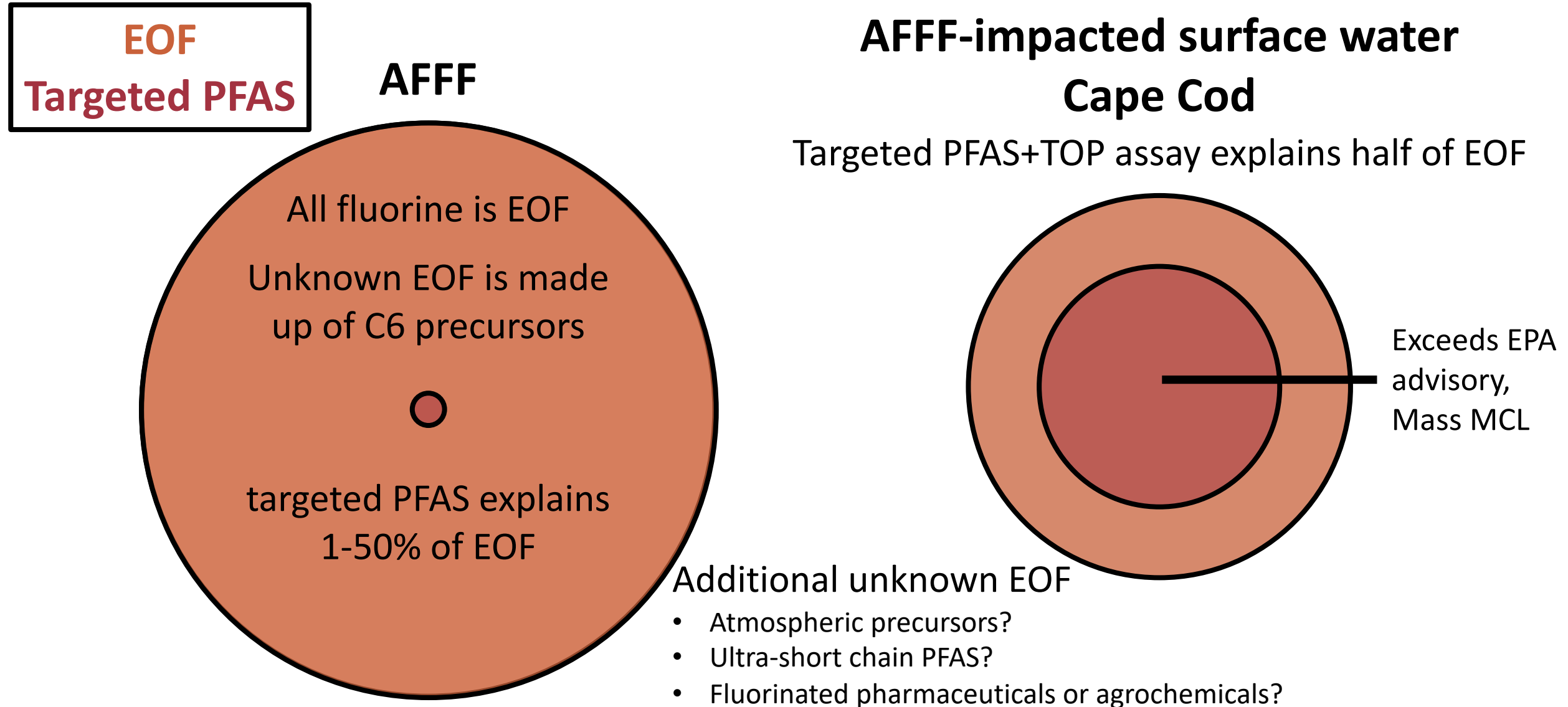


There is a large unidentified PFAS signature (~50% EOF) in Cape Cod coastal watersheds – unlikely to have originated from AFFF use



Ruyle BJ, Pickard HM, LeBlanc DR, Tokranov AK, Thackray CP, Hu XC, Vecitis CD, Thackray, CP, Sunderland EM.  
PFAS Precursor Transformations and Unexplained EOF in AFFF-Impacted Coastal Watersheds. In revision.

# Downstream environment reflects AFFF signature (C6 PFAS) with substantial additional sources that are overlooked in routine site assessment



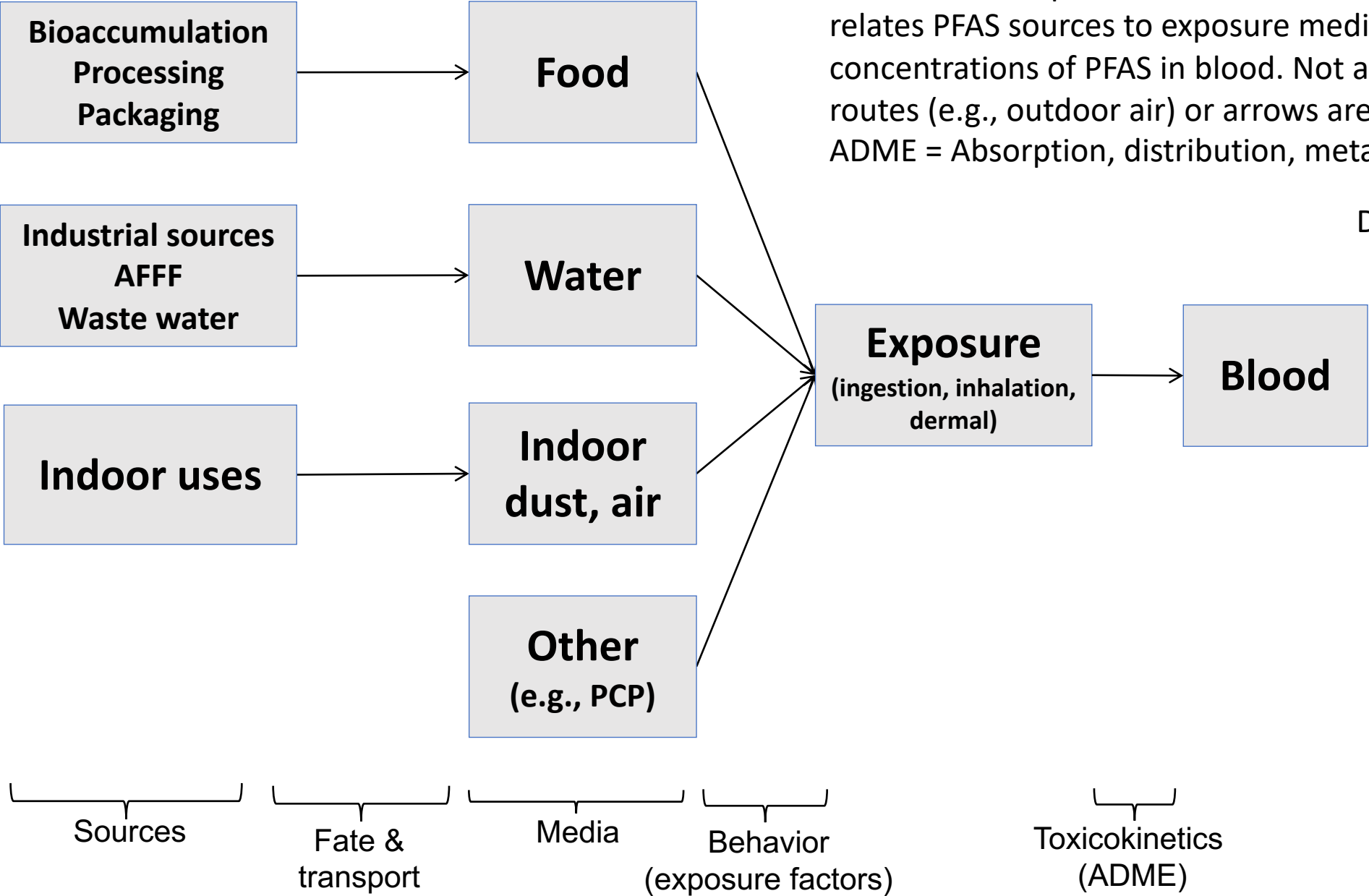
### 3) Fate: Endpoints of concern for PFAS are humans and wildlife

*Human exposures at contaminated sites are dominated by contaminated drinking water. For the general population the relative importance of different exposure pathways is extremely uncertain.*

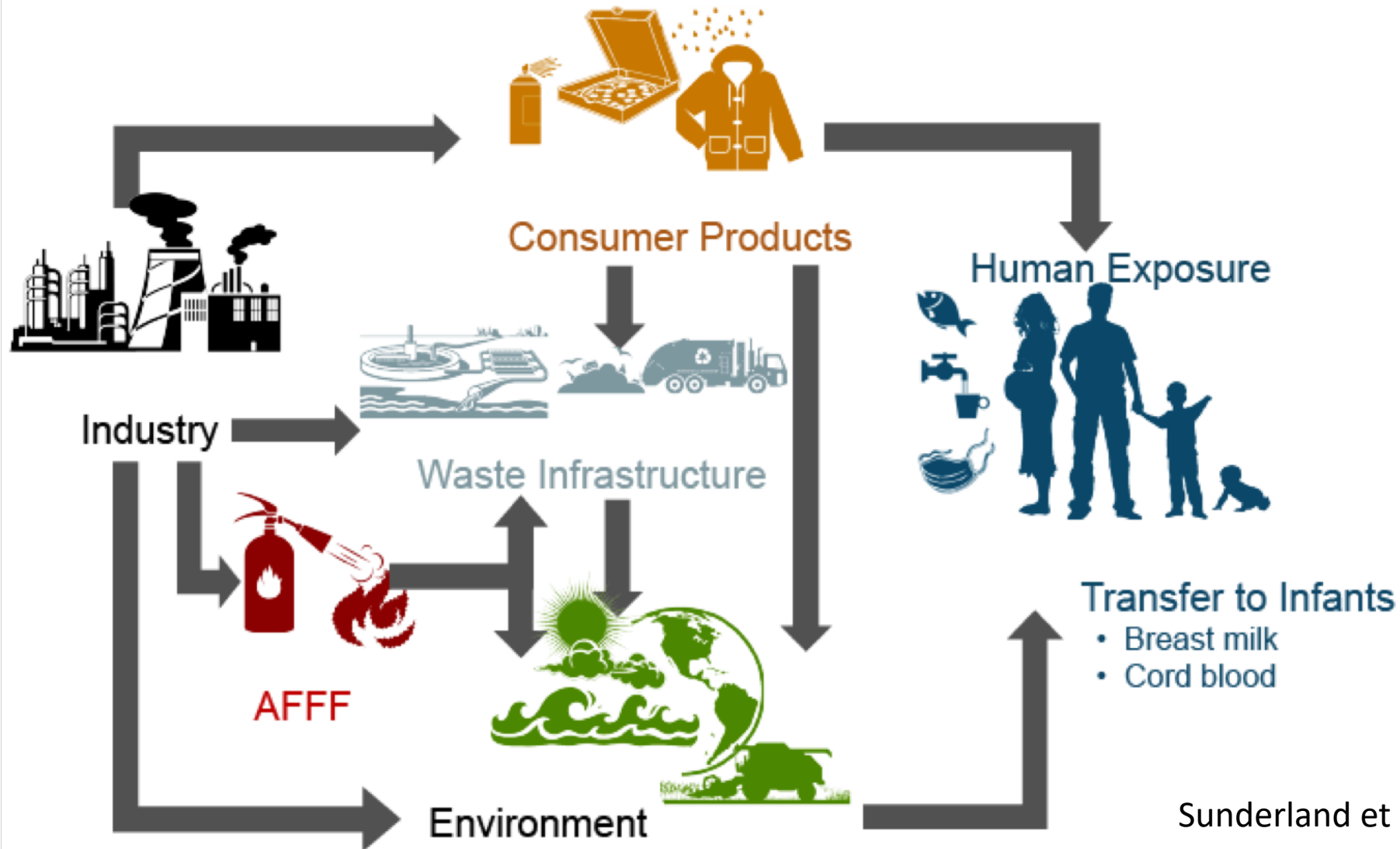


Schematic of exposure assessment steps for humans that relates PFAS sources to exposure media, and internal concentrations of PFAS in blood. Not all possible exposure routes (e.g., outdoor air) or arrows are shown. ADME = Absorption, distribution, metabolism and excretion.

De Silva et al., in review



# Human exposures to PFAS are diverse: Some can be addressed/mitigated faster than others



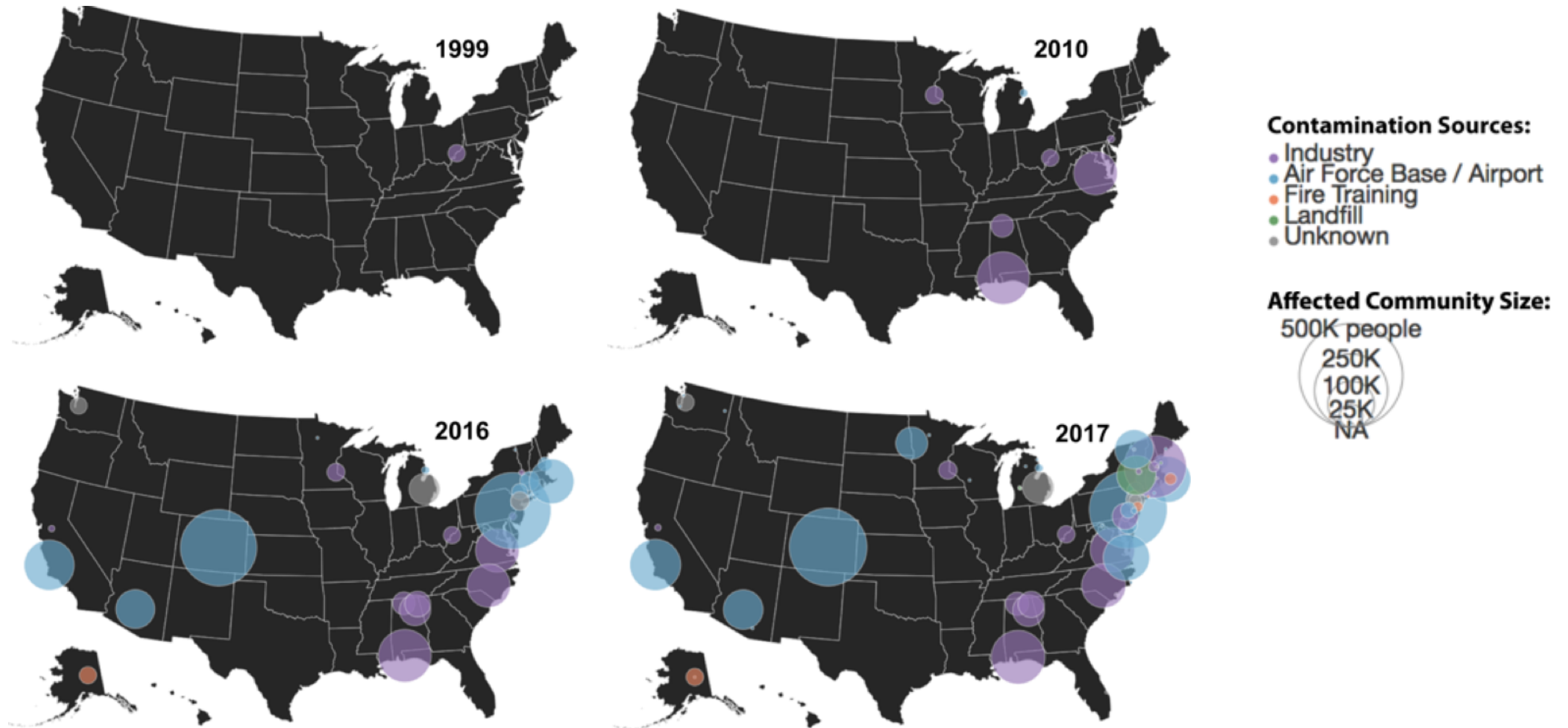
**Our focus:**

- 1. Drinking water**
- 2. Seafood**
- 3. Consumer Products**

**\*TIMESCALES\***

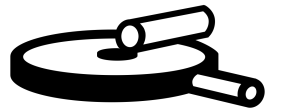
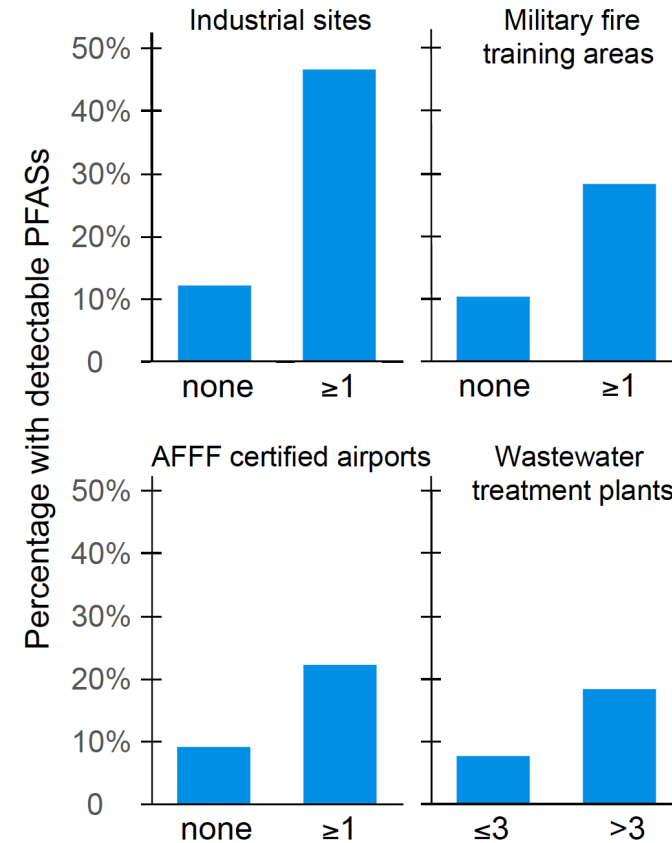
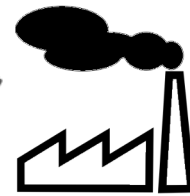
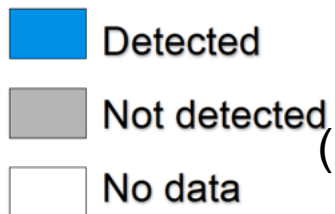
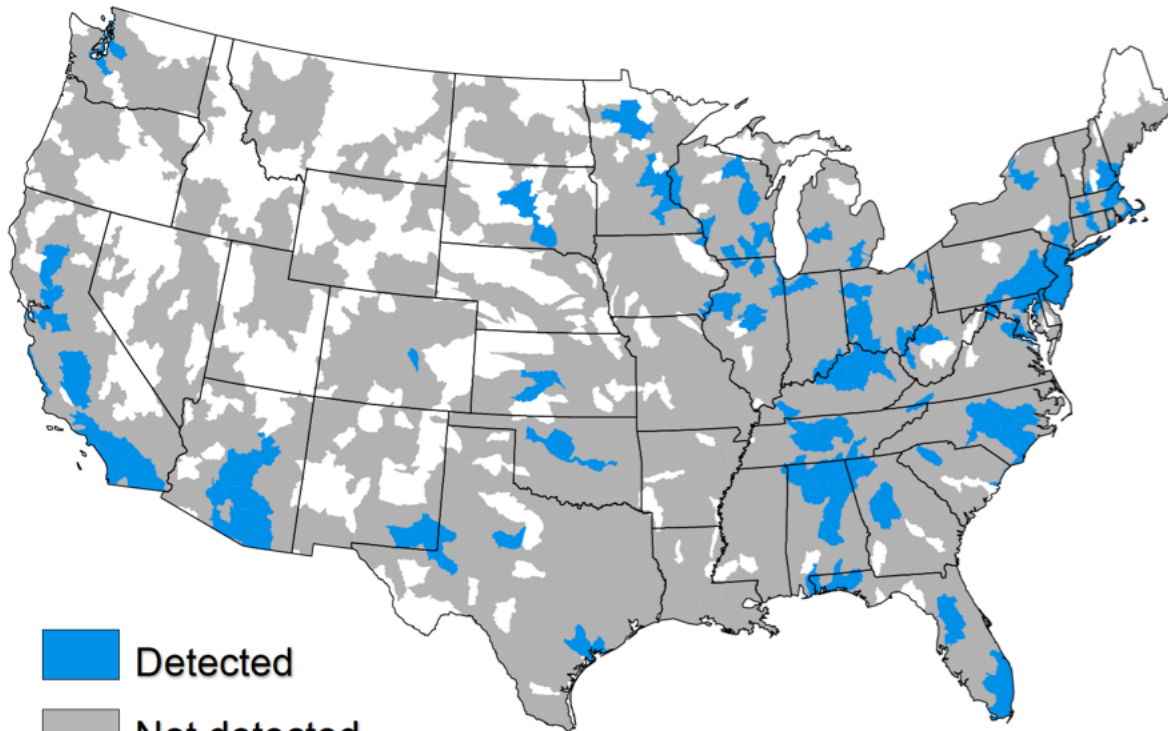
Sunderland et al., 2019, JESEE

# Drinking water is the primary pathway of PFAS exposure next to many contaminated sites



# Detection of PFAS in U.S. drinking water statistically increased with higher point source abundance

## Hydrological units with detectable PFASs



(Data source: U.S. EPA 3rd Unregulated Contaminants Monitoring Rule (UCMR3), 2013-2015) (Hu et al., *ES&T Letters*, 2016)



# Nurses Health Study, HSPH, a large prospective study of US women est. 1976

**1976**

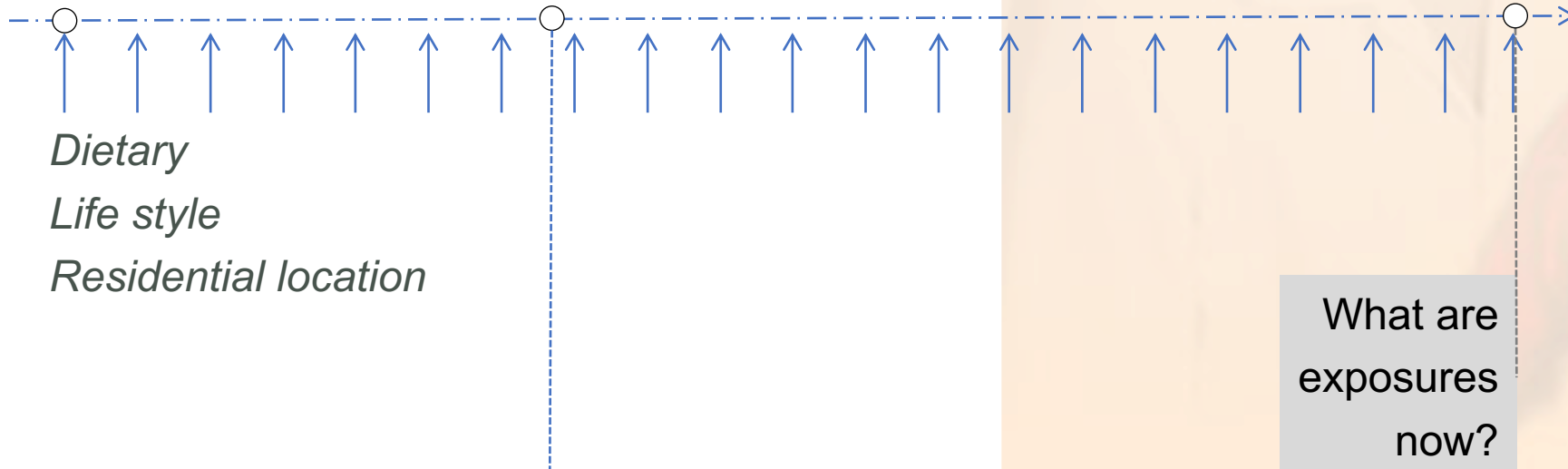
Enrollment

$n = 121,319$

**1989/1990**

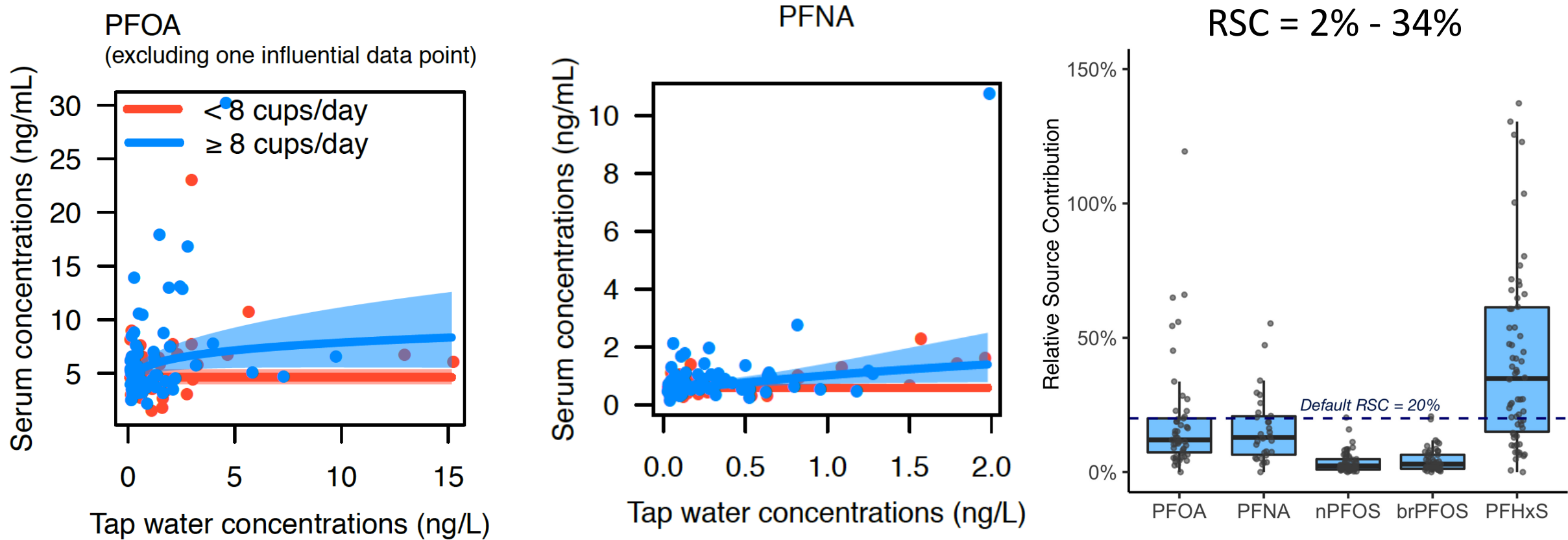
Serum and tap water collection

$n = 32,826$



What are  
exposures  
now?

# Tap water PFOA and PFNA are statistically significant predictors of serum in 1990



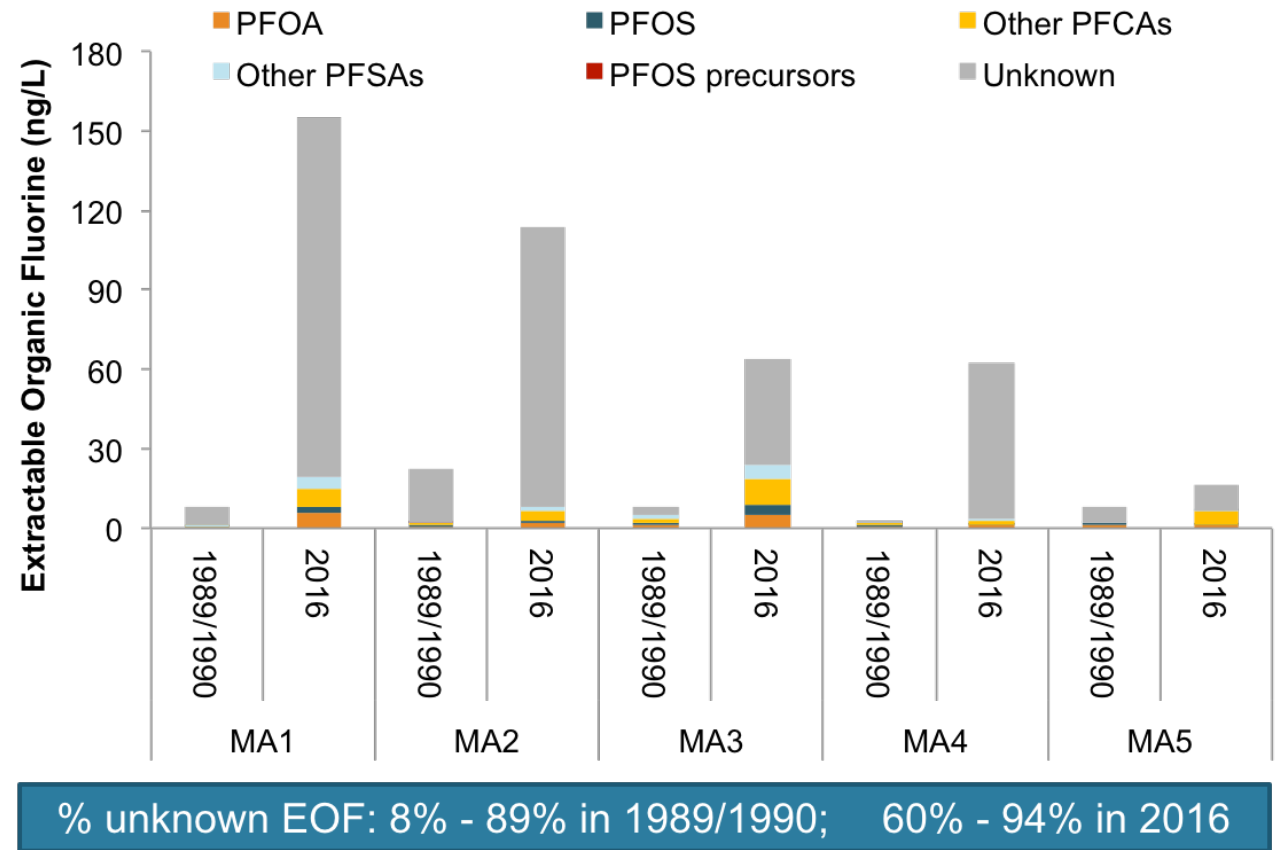
# Pilot data suggest large increase in unidentified PFAS in drinking water: Consistent with production trends

Extractable organic fluorine (EOF)

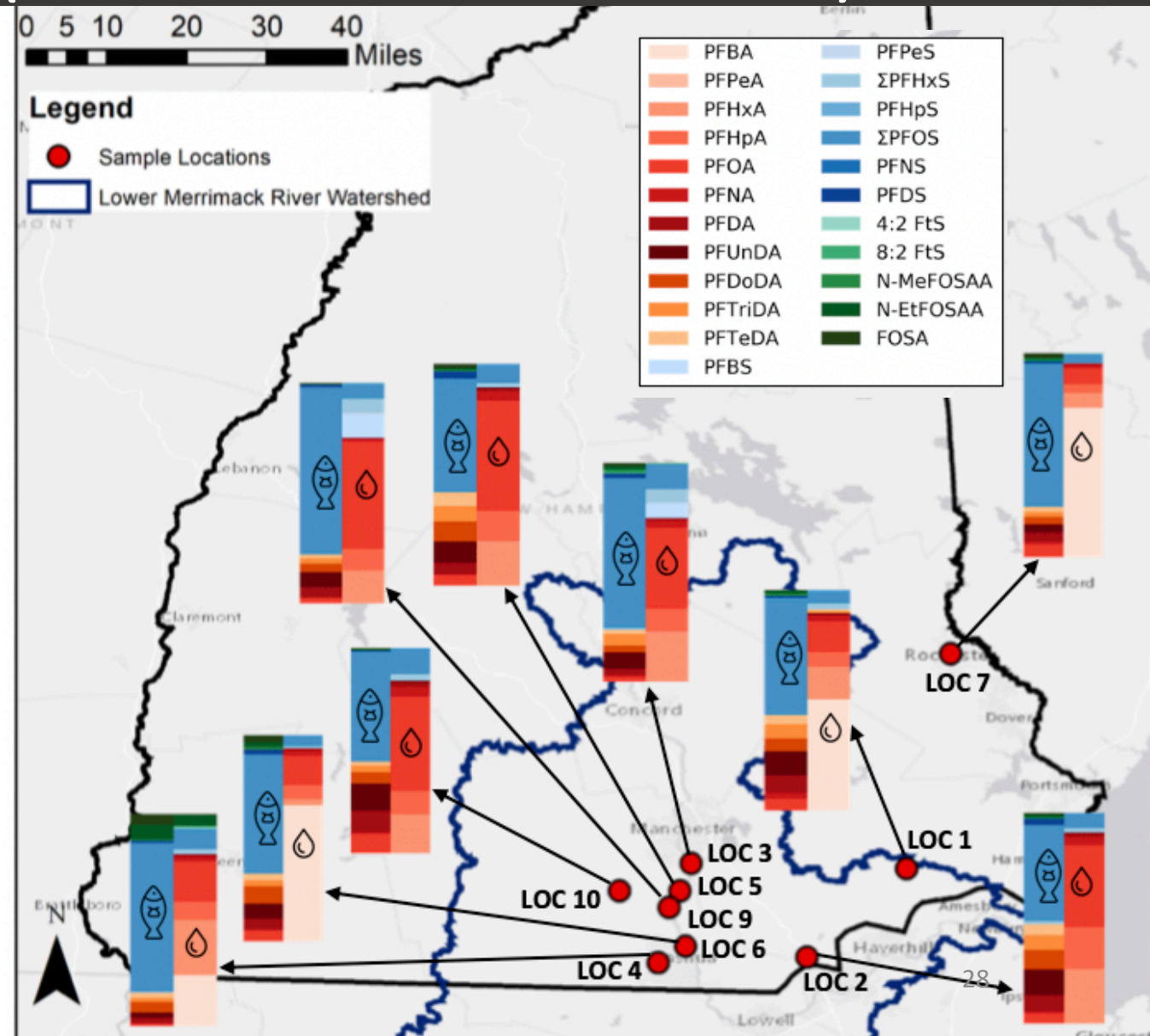
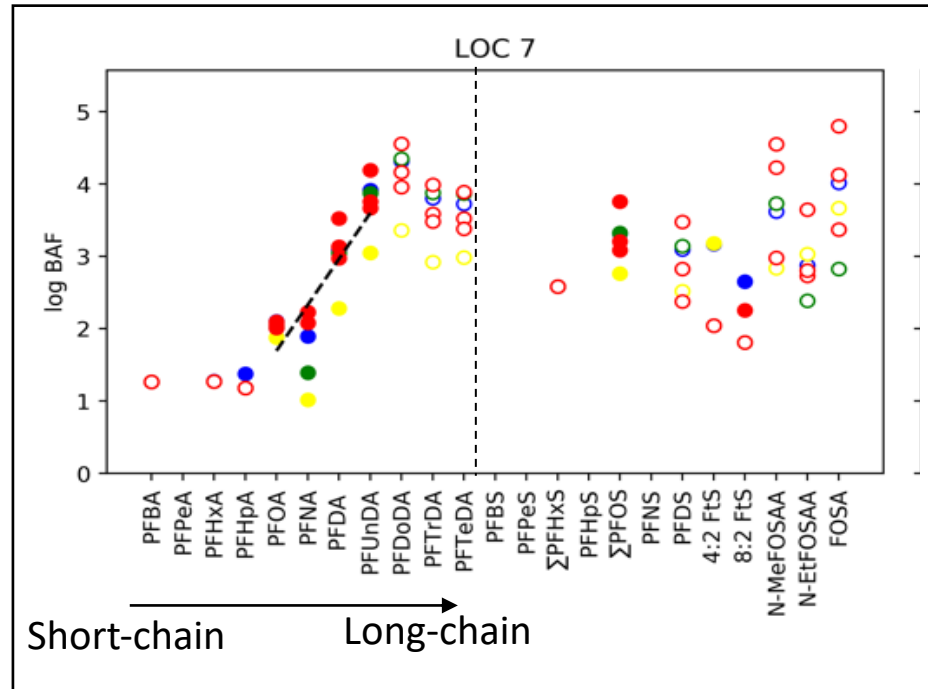
4700 PFASs

>200 detected

Toxicity of alternative PFASs  
not well understood

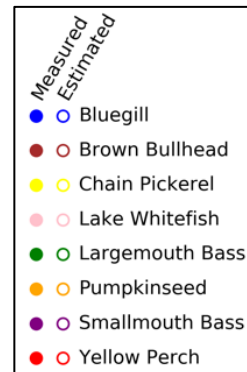


# PFAS composition in fish differs significantly from those found in the water (NH surface water data)



Bioaccumulation factor (BAF) increases with PFAS chain-length

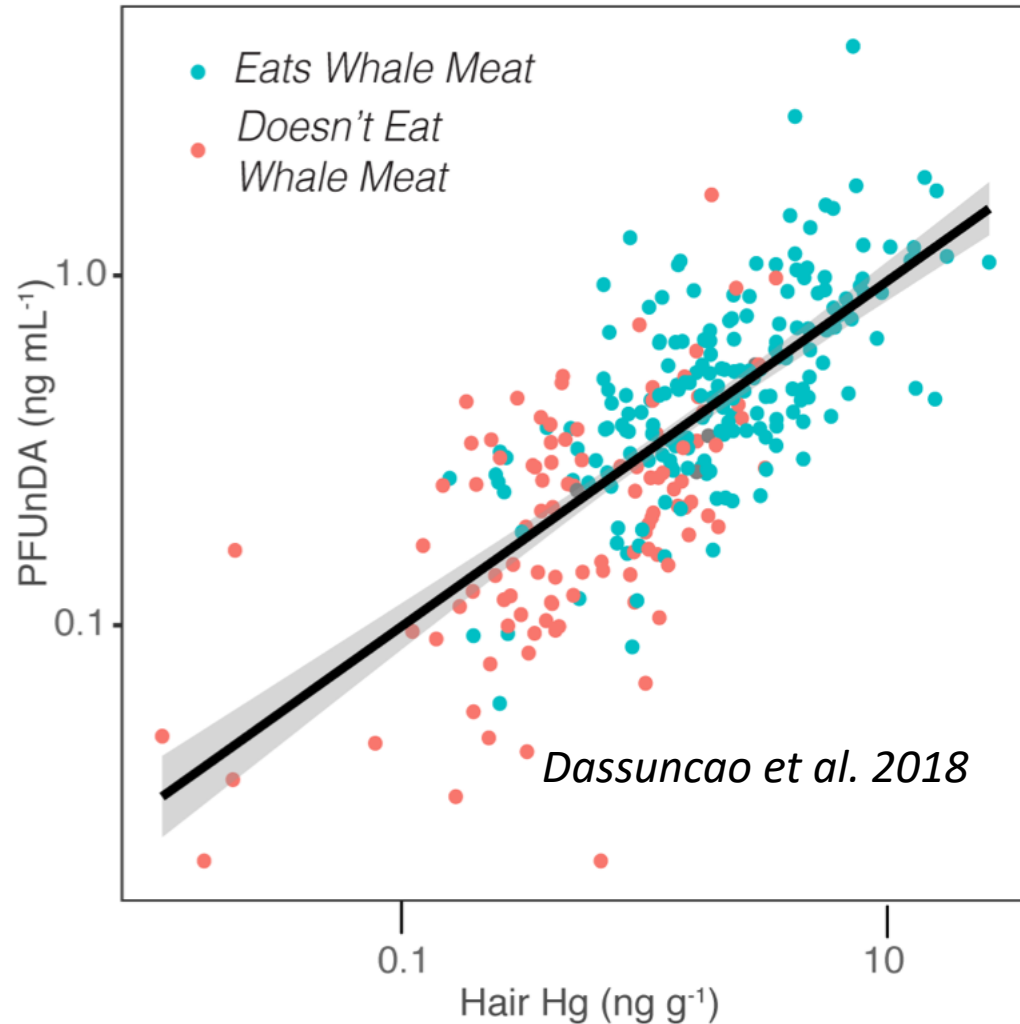
Pickard et al., in prep.



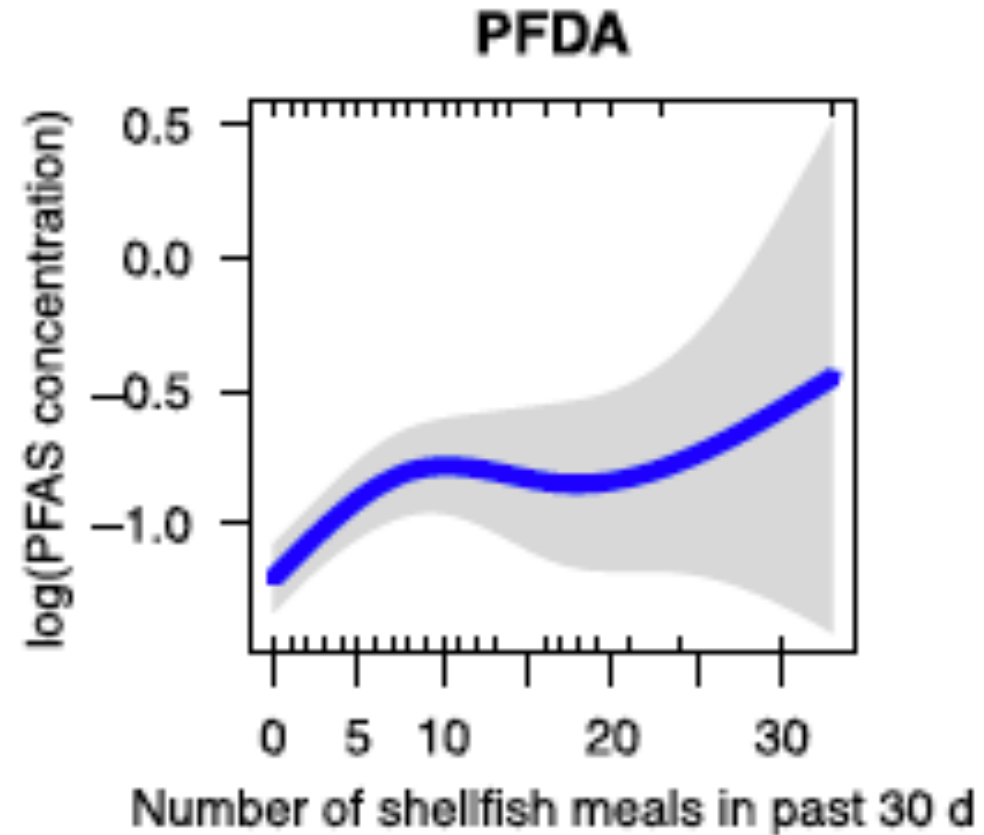


# In human serum: Long-chain PFCA strongly associated with seafood consumption

Faroese Children



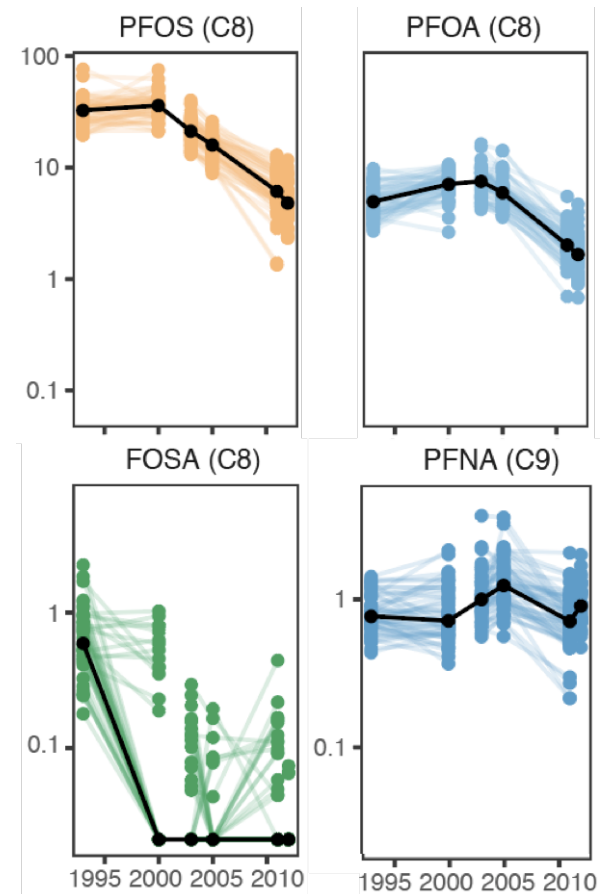
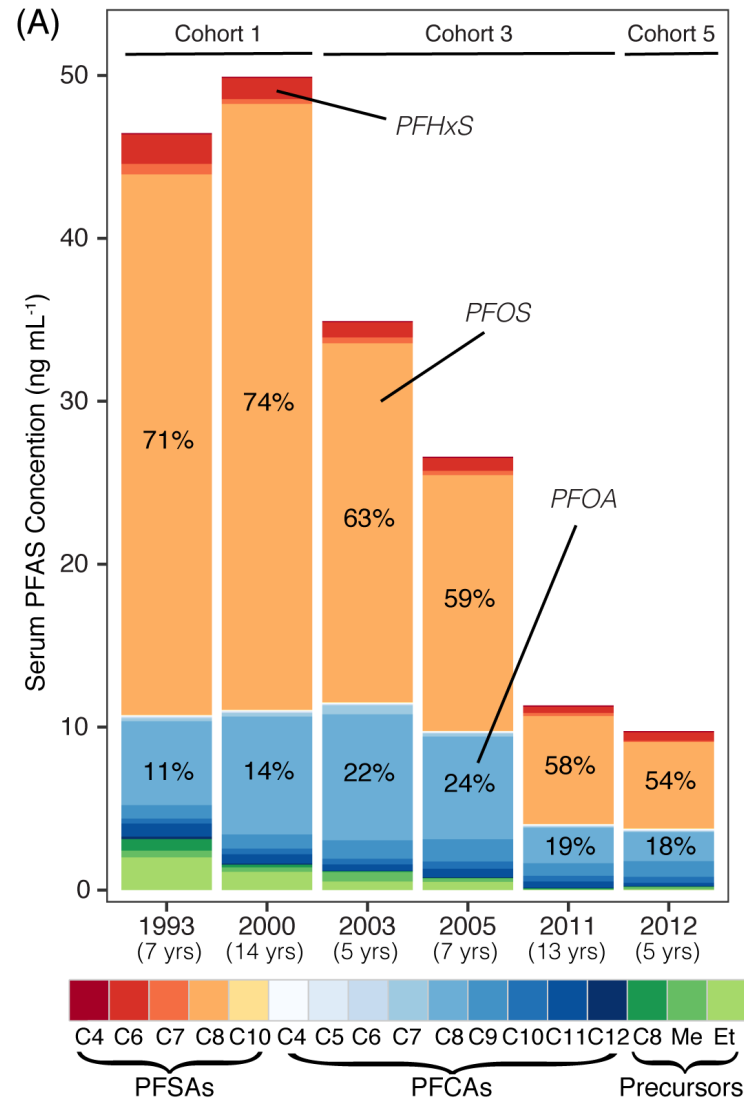
NHANES 2005-2006



*Hu et al. 2018*

# Rapid declines in targeted PFAS in children's serum driven mainly by PFOS, PFOA, and FOSA

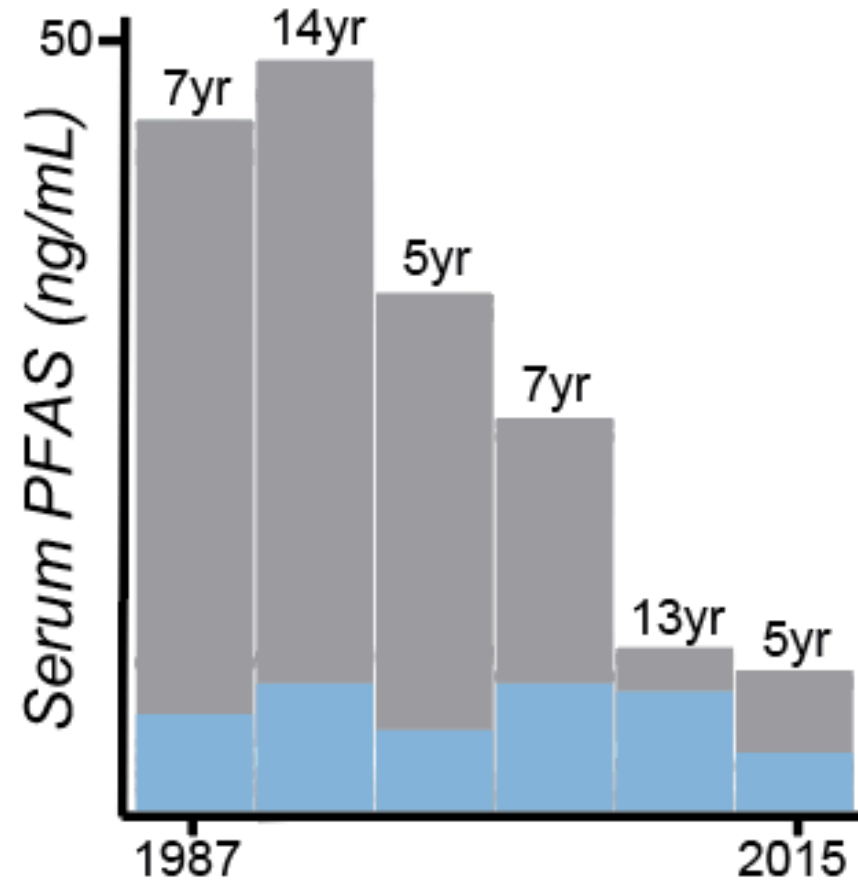
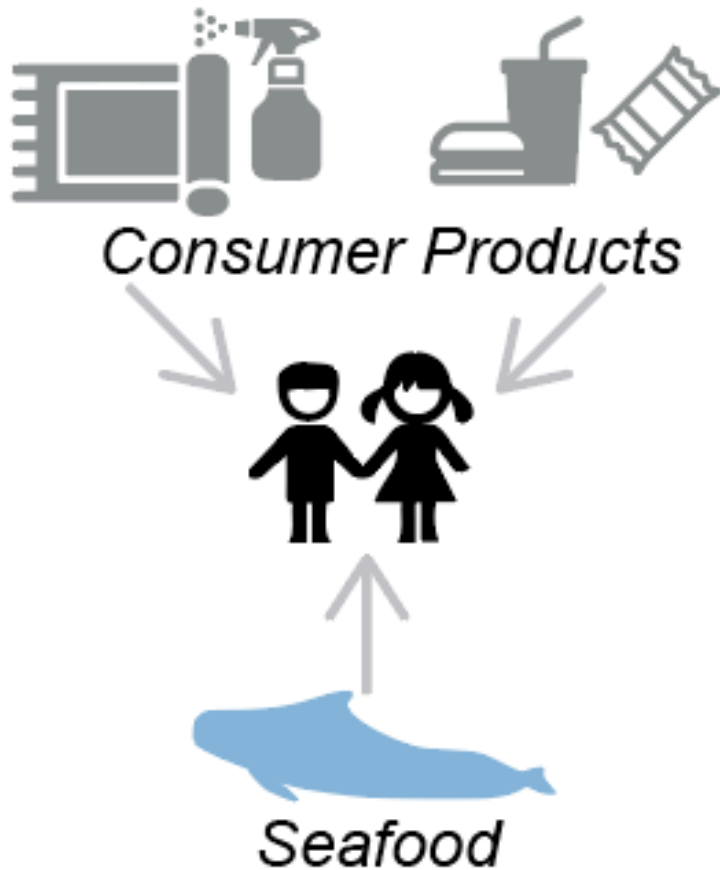
Some long chain PFAS (i.e., PFNA) stable or increasing



Dassuncao et al., 2018

# Decline in serum PFAS concentrations can not be explained by shifts exposure from seafood consumption: Indoor air or diet?

## PFASs in Children from the Faroe Islands



Even in the Faroe Islands (remote high seafood consuming population), diverse consumer products appear to have accounted for the majority of exposures for children in the 1990-2000s.

## Targeted LC-MS/MS measurements make up SMALL fraction of total PFAS in consumer products



Cite This: Environ. Sci. Technol. Lett. 2019, 6, 38–43

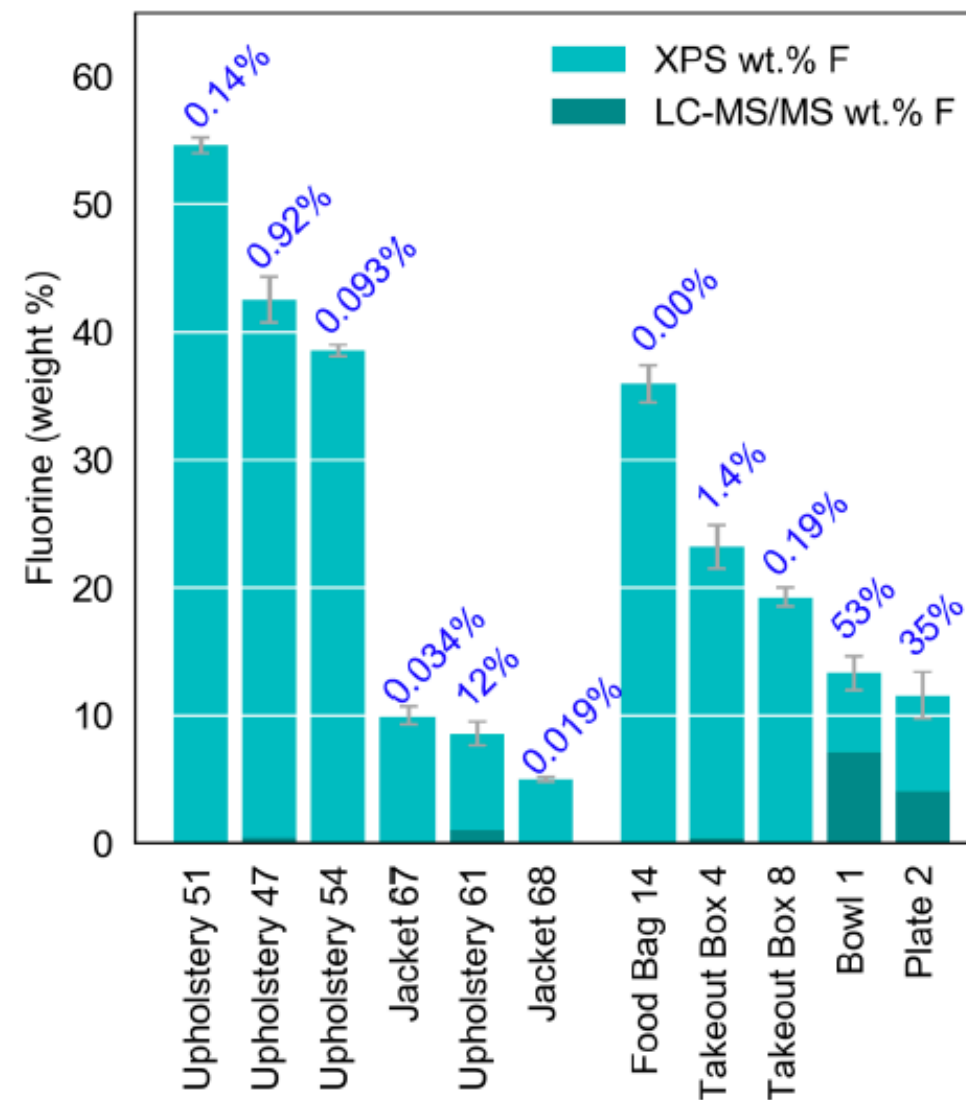
pubs.acs.org/journal/estlcu

Letter

### How Do We Measure Poly- and Perfluoroalkyl Substances (PFASs) at the Surface of Consumer Products?

Andrea K. Tokranov,<sup>\*,†,§</sup> Nicole Nishizawa,<sup>†</sup> Carlo Alberto Amadei,<sup>†,§</sup> Jenny E. Zenobio,<sup>†,§</sup> Heidi M. Pickard,<sup>†,§</sup> Joseph G. Allen,<sup>§</sup> Chad D. Vecitis,<sup>†,§</sup> and Elsie M. Sunderland<sup>†,§</sup>

Tokranov et al., 2019, ES&T





# Summary

- **Health Effects**: Diverse adverse effects; No consistent mode of action across compounds studied – raising questions about how to regulate (compound specific or as a class?)
- **Sources**: Chemical production is changing rapidly and we are not able to detect most PFAS in use today using traditional techniques; understanding of atmospheric sources and fate huge gap right now!
- **Fate and Exposure**: Human exposures at contaminated sites are dominated by contaminated drinking water. For the general population the relative importance of different exposure pathways is extremely uncertain. This information is essential for informing risk mitigation measures.